



FAMILY & MWR Directory

Aberdeen Proving Ground

Proudly Serving Active Duty Military,
DoD Civilians, APG Contractors, National Guard,
Veterans, Retirees, and their Family Members



aberdeen.armymwr.com

FOR SOLDIERS

FOR FAMILIES

FOR RETIREES

FOR CIVILIANS

ADVERTISE WITH MWR

We have advertising and sponsorship opportunities to fit any budget...call us today!

Aberdeen Proving Ground is one of the premier installations in the Department of Defense. Our values-based organization focuses on preparing for war, while providing high-quality service to a growing and increasingly diverse population of Soldiers, Families and Civilians.

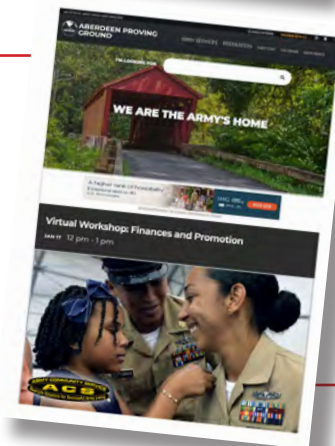
InDemand eNewsletter

The **InDemand** is a weekly eNewsletter highlighting special events, classes, programs, news, trips, ticket specials, discounts, and so much more. It is hosted on our website; the link is emailed to over 12,000 people each week...and the list is growing! Several options exist to accommodate your advertising needs. Choose from a skyscraper, business card, or full page ads.



Website

Our website **aberdeen.armymwr.com** is one of the top three most used resources for information according to a recent survey. With an average of 21,000 visits per month, it's a sure fire way of getting noticed. Rates vary and depend on size and length of run time. Easily the most adaptable and dynamic way of advertising your services.



Directory

The **Family and MWR Directory** is a regular publication featuring all of our facilities and programs with contact information, hours of operation and services provided. Distributed throughout the installation, over 15,000 copies are printed. It is one of the most useful resources if you live, work, or regularly visit Aberdeen Proving Ground.



To Advertise with us or for questions about Donations, contact our Marketing Office at APG North - (Aberdeen), Bldg 3326

Matthew Aughey: 410-278-9816

Eric White: 410-278-1364

Chris Lockhart: 410-278-3904



Contents

Welcome to APG and our Family and MWR (FMWR) Program!

The mission of our FMWR organization is to provide all of our loyal and dedicated customers with a comprehensive range of community and leisure services in support of their well-being and quality of life.

Our APG FMWR Team is proud and ready to exceed your expectations when it comes to customer service and professionalism of our workforce. Whether your interest is in Child and Youth Services, Fitness and Sports, Outdoor Recreation, Social Service, Entertainment, Travel, Lodging, or other personal needs of your choosing, FMWR is here for you.

I hope you find this Directory helpful in becoming familiar with the myriad of opportunities available at APG to make your experience living or working here at this great installation enjoyable and satisfying. I encourage you to utilize all of the services FMWR has to offer, and to also take advantage of the many special events we'll be holding throughout the year as well.

Please keep updated on our programs at <https://aberdeen.armymwr.com> and let us know how we're doing at <https://www.facebook.com/APGMWR>. Once again, welcome; and thank you for your patronage and your own service to our nation!

Joseph Moscone
Director, FMWR

Family & MWR Director
410-306-4521

Chief, Army Community Service Division
410-278-2500

Chief, Business Operations Division
410-278-4698

Main MWR Office
410-306-4522

Chief, Child & Youth Services Division
410-278-2223

Chief, Community Recreation Division
410-278-2500

Marketing
410-278-9816 / 1364

Sponsorship and Advertising
410-278-9816 / 3904

Gifts and Donations
410-278-1364

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ABERDEEN PROVING GROUND

Frequently Requested Telephone Numbers



www.apg.army.mil



<http://ice.disa.mil>

DSN Prefixes:

410-278-XXXX . . . DSN: 298-XXXX

410-306-XXXX . . . DSN: 458-XXXX

443-395-XXXX . . . DSN: 648-XXXX

443-861-XXXX . . . DSN: 848-XXXX

410-417-XXXX . . . DSN: 867-XXXX

410-436-XXXX . . . DSN: 584-XXXX

World-Wide DSN Operator:
94-560-1110

TDY Operator: 1-800-392-2015

Post Status: 410-278-SNOW (7669)

GARRISON SERVICES

APG Federal Credit Union 410-272-4000
Army Education Center 410-306-2042
Army Community Service Division 410-278-2500
Barber Shop 410-272-7886
CAC New/Renew/Reset 410-306-2404
Chaplain 410-278-4333
Commissary 410-278-3101
Corvias Military Living 410-305-1076
Dry Cleaners 410-272-4242
Exchange 410-272-6828 / 6829
Express - APG North 410-272-1681
Express - APG South 410-671-7891
Freedom Federal Credit Union 410-679-2440
Housing Services Office 410-306-2002
Melvin's Tire Service Center 410-272-9001
MWR Main Office 410-306-4522
NAF Human Resources 410-278-5126
Optical Center 410-297-8000
Personal Property Transportation 410-306-2056 / 2057
Police (non-emergency) 410-306-0509
Post Office - APG North 410-278-7967
Post Office - APG South 410-676-1905
Safety Office 410-306-1095
Service Desk (computers, gov phones) 1-866-335-2769
Staff Duty Officer (DPTMS) 410-278-4500

MEDICAL FACILITIES

Dental Clinic - APG North 410-278-1795
Dental Clinic - APG South 410-436-3481
Kirk Army Health Clinic 410-278-5475
Veterinarian Clinic 410-278-4604

SUBSTANCE ABUSE/EMERGENCY

APG Substance Abuse Program 410-278-DRUG (3784)
Maryland Youth Crisis Hotline 1-800-422-0009
Mobile Crisis 410-638-5248
1-800-SUICIDE (784-2433)

BOWLING

ABERDEEN PROVING GROUND BOWLING CENTER

BREWNER LANES

APG North (Aberdeen)
Raritan Ave, Bldg 2342

For hours of operation go to
aberdeen.armymwr.com

Please call to check lane availability!

For hours of operation go to
aberdeen.armymwr.com

**12-Lane Facility with
Automated Scoring**

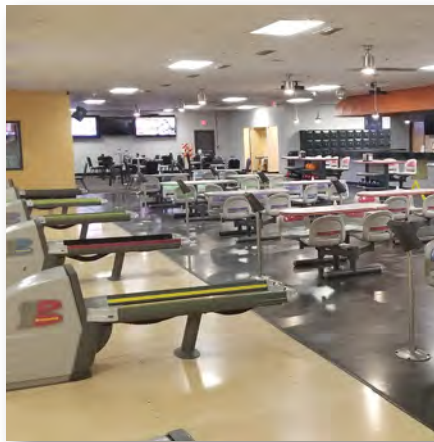
Full Service Snack Bar

**Bumper Bowling and
Dino Ramps for Children**

**APG Bowling Leagues are mixed
leagues (coed), welcoming all skill
levels - so you are sure to have fun!**

- **Bowling Reservations**
Tuesday through Thursday
- **Seasonal Mixed Leagues**
- **Saturday Youth League**
- **Competitive Tournaments**

**Visit us online for all
your inquiries**



WE HOST:

Office and Organization Day
Parties & Meetings
Birthdays, Retirements
Office Team Building
Church and Civic Groups Sports
Teams - Showers Bachelor/
Bachelorette Home School
Groups
Hail & Farewell
...and more!



*Eat like a
Greek*
mediterranean street food

Featuring:

Unique and mouthwatering
tastes - best Greek,
Mediterranean street-food
in Harford County. Also
serving breakfast: omelets,
pastries, coffee, and other
breakfast items.



**Rent one of our four party
rooms for your next event!**



Ruggle Golf Course

Aberdeen Proving Ground



**Ruggles Golf Course
APG North (Aberdeen)
5600 Maryland Boulevard
410-278-4794**

A traditional
masterpiece.

Ruggles Pro Shop

The Ruggles Pro Shop is prepared to meet all of your golfing needs. Whether you are shopping for that special golfer or need something for yourself, our shops offer the most current equipment and clothing. Our professional staff takes great pride in addressing your every golf need.

Ruggles Teaching & Learning Center

- Largest Bermuda Grass Teeing Area in Harford County
- Five Practice Target Greens
- Frequent User Discounts
- Custom Club Fitting
- Reasonably Priced Range Balls

Club House

Think Ruggles Golf Course for your next small Conference, or Meeting Group

- Serving Groups of 20-80
- Special Catering options
- Casual Relaxed Dining Indoors or on the Patio
- 4 Flat Screen TVs
- Pricing for All Budgets

Book Your Next
Tournament at
Ruggles Golf Course

Ruggles hosts many golf outings throughout the year. We offer competitive pricing. Book your next event with us: 410-278-4794.

Ruggles Amenities:

- 18-Hole Championship Golf Course
- Practice Range with Natural and Artificial Tees
- Putting Green
- Fully Stocked Pro Shop
- Computerized Handicap System
- Cart and Club Rentals
- Golf Lessons Available
- Locker Rental
- Outings & Tournaments throughout the season

APG Golf Lesson Program

Learn the game of a lifetime!

The personalized attention of a professional golf instructor provides details and insight to improve your game. From small adjustments in your practice techniques to video analysis of your swing, our instructors are here to teach you all the things that will allow you to take your game to the next level.



- PGA Professionals on Staff
- Private Lessons
- Beginner Clinics
- Group Lessons

Memberships are offered to all Active Duty Military, Retired Military, Department of Defense Civilian Workers/Contractors, Family Members, and also to Harford County residents.



CONFERENCES • RETIREMENTS • WEDDINGS
MILITARY BALLS • BIRTHDAY PARTIES • SCHOOL PROMS

The Installation's premier restaurant, catering and conference center fuses the facility's old-world historic charm with today's modern technology. Top of the Bay is committed to providing exceptional food and service to private and corporate clients in the APG Community.

Featuring:

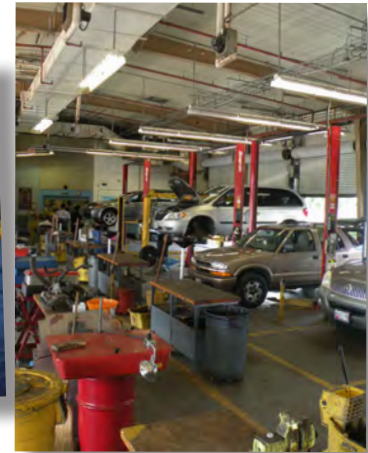
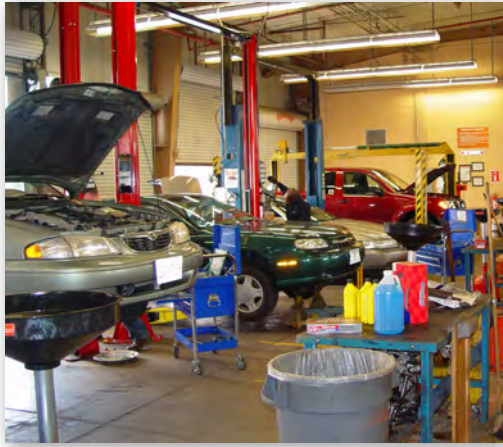
- Beautiful Location on the Water
- Formal Seated Dinners, Buffets, Hors d'oeuvre Receptions
- 2 Dance Floors, Full Bar Service Available
- Outdoor Deck - with a water overlook!

APG North (Aberdeen) Plumb Point Drive, Bldg 30 • 410-278-5915

For hours of operation go to aberdeen.armymwr.com

Services are available to all Active Duty Military, Civilian Employees, DoD Contractors, Retirees and Family Members. Please contact our catering office for more information by calling: 410-278-5915

Auto Craft Center



APG North (Aberdeen),
Harford Rd, Bldg 2379
Weekends - 410-278-5789
Weekdays - 410-278-4124

For hours of operation go to
aberdeen.armymwr.com

Do-It-Yourself and Save!

Skilled Staff Members and Reference Manuals Available to Assist You

The APG Auto Craft Center is a great place to service your vehicle at an affordable price! This center offers "do-it-yourself" mechanics a place to work on their automobiles with the assistance of skilled Auto Craft Staff members and reference manuals. This center has state-of-the-art equipment for automobile maintenance or long-term repairs (up to six months).

Reduce expensive car repair costs and do it yourself!

Use our Snap-on® Solus Pro OBD II Scanner to scan your car for emission failure codes and "Check Engine" lights.

Use our Tire Mounting Machine to mount your standard and low profile car tires.

After you mount your tires, use our top-of-the-line computer Wheel Balancing Machine for wheels 10" - 24" - including low profile tires.

Use our Overhead Crane to remove and replace your engine.

Use our Alldata® Internet Maintenance Manual or Chilton® Library to help you diagnose and repair your car...and much more!

A SELF-HELP Facility Offering

- 10 Hydraulic Lift Bays
(including Wheel Alignment)
- 4 General Bays
- 3 Bodywork Bays
- Tire Changing Station Bay
- Paint Spray Booth Bay

We provide a clean, safe, and earth-friendly environment, while YOU make repairs and perform maintenance on your privately owned vehicles and equipment. General tools and some specialty tools are provided for your convenience.

Stop by the
APG Auto Craft Center
and see how we can
help you save money!

APG Library

APG North (Aberdeen)
Recreation Center, Bldg 3326
Ashbury Street
410-278-3417

Books, Audio Books and DVD Movies

The APG Library Features:

- Inter-Library Loan System
- Public Access Computers with Print, FAX and Scan Capability
- Professional Research Assistance
- Military and Government Database
- Military Test Preparation and Resume Builder Services
- In-House TV/DVD/Game Players
- Paperback Exchange
- Drop Box for after hours returns
- FREE Wi-Fi in a comfortable setting

Free downloadable content
including eBooks, eAudiobooks, eVideos, and more

- Transparent Language® Online: learn 80+ languages
- Freegal Music: downloadable music offering hundreds of thousands of songs

For hours of operation go to aberdeen.armymwr.com

Your Military ID/CAC is your Library Card!

Stop by the Library to set up your account.

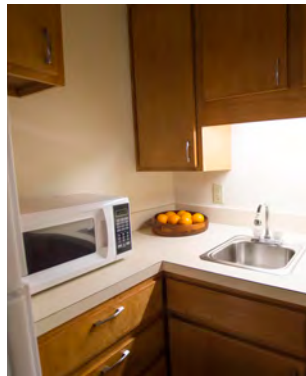


Recreational Lodging

6432 Ashbury Street
APG North, BLDG 3326
Please call for room availability
410-278-2621



The Recreational Lodging facilities collectively consist of 185 single-occupant rooms. These units are furnished and offer private bath, hook-up for basic cable, kitchenette and closet space in select buildings. Additionally, BLDG 4316 has internet installed throughout the building. Each building has a laundry room with 4 washers and 4 dryers. All facilities are adequately furnished and will vary by facility. Each facility offers a well-lit parking area for tenants.



General Information

-Eligibility requirements are verified at the time of check in and can be found in AR 215-1 Chapter 7 (Active Duty Military, Retired Military, DoD Civilian, and Full Time Contractors on Aberdeen Proving Ground)

-Monthly rent is taken automatically on the 15th of every month (billing period is always the 1st - 30th/31st)

-Tenants are NOT to remove furniture from the rooms.

-Final clearing of a room will need a notice of at least 2 weeks in advance.

-Pets are prohibited (this includes any living creature).

-Kitchen grease needs to be disposed properly. You are NOT permitted under any circumstances to dump grease down the drain.

Outdoor Recreation

For hours of operation go to aberdeen.armymwr.com

410-278-5789/4133 for the following services:

- Campground reservations
- Equipment Rentals
- AA Picnic Area reservation
- Storage lots
- Marina Slips

MARINAS

NOTE: All users must register

Spesutie Island Marina:

Aberdeen Area

Boat Storage Services: slips, and boat ramp, daily parking.

Gunpowder Neck Marina:

Edgewood Area

Boat Storage Services: slips, berm, warehouse, boat ramp, daily parking, boat lift, and marina fuel services

BOAT LAUNCH RAMPS

There are two MWR launches. The ramps may be used from dawn to dusk. Spesutie Marina APG North (Aberdeen) Behind Bldg 36

SKEET AND TRAP RANGE

Edgewood Area Bldg E4737

Special outings are available by request. IAW APGR, all guns must be registered with DES.

RV/BOAT STORAGE LOTS

Secure storage space available for your recreational vehicles in both APG North and APG South areas with 24/7 access.

The Outdoor Recreation Service Center (Bldg 2184) is your one-stop shop for:

- Campground Reservations and Registration
- Marina Boat Storage Registration
- Picnic Area Reservations and Registration
- Recreation Vehicle (RV) Storage Lot Registration
- Skeet and Trap Range Operation Information
- Vehicle "For Sale" Lot Registration

Proof of MWR eligibility (IAW AR 215-1) must be presented to use MWR facilities and program services. Registration fees must be paid in advance to confirm registration.



PICNIC AREAS

Reservation fee required.

With locations on the water, near the woods, and overlooking the bay, enjoy the outdoors, games, picnic tables, barbecues and much more at both the Aberdeen and Edgewood areas of APG. All picnic areas are open from dawn to dusk.

Shore Park Picnic Area

*Aberdeen Area, Park Drive
300 Person capacity.*

Three Pavilions with picnic tables, barbecue grills, restroom facility, playgrounds, playing fields, basketball & volleyball courts, and horseshoe pits.



Capa Field Picnic Area

*Edgewood Area, Skippers Point Rd.
400 Person capacity.*

Waterfront location with spectacular view. One Pavilion with picnic tables, barbecue grills, restroom, and water source.



CAMPGROUNDS

Shore Park Travel Camp -

Aberdeen Area

Water overlook. 24 RV sites (40 ft. pad) with full utility hookup. 5 Cabins with kitchen and bath. Laundry facilities, bathhouse, recreation room, fire pits, picnic tables.



Marylander RV Campground -

Aberdeen Area

11 RV sites (60 ft. pad) with full utility hookup, fire pits, picnic tables.



Skippers Point Primitive Campground -

Edgewood Area

Water overlook. 15 Tent-only camping sites, picnic tables, port-a-pot services.

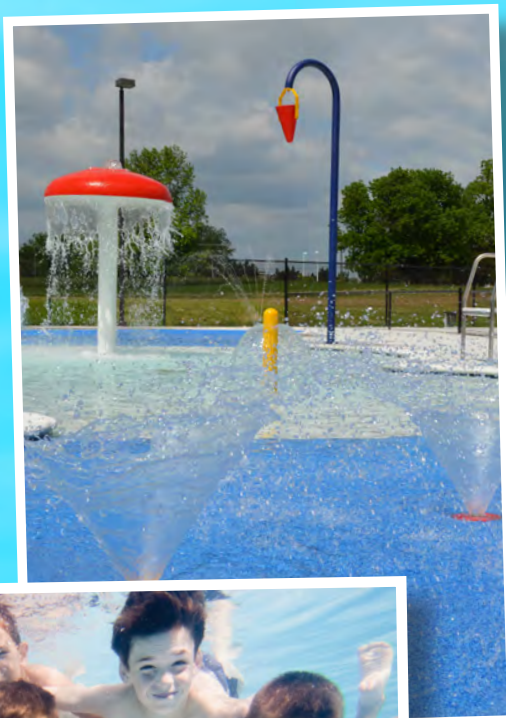
Shore Park Pool

Open Memorial Day - Labor Day
APG North (Aberdeen)
Bldg 2031

Passes, Rates change seasonally.
Check out our web site for the most up to date information.
aberdeen.armymwr.com

Pool Programs & Services

- Kiddie Splash Pad
- Playground (Shore Pool)
- Private Party Rentals
- Bathhouse/Showers/Lockers



Outdoor Recreation Equipment Checkout Center

For hours of operation go to aberdeen.armymwr.com

APG North (Aberdeen)
Main Office: 410-278-5789/4133
Aerospace Rd Bldg 2184

**For enjoying the great outdoors, recreation,
skill-building - not to mention parties,
visit the APG Equipment Resource Center!**

Here's just a short list of what we offer:

PARTIES:

- Bounce Houses
- Canopy/Party Tents
- Folding Chairs
- Folding Tables
- Large BBQ Cookers & Grills
- Dunking Booths
- Ice Chests

BOATING:

- Fishing Boats
- Canoes
- Kayaks
- Canoe/Kayak Trailers
- Life Vests
- Pontoon

GAME ITEMS:

- Cornhole Games
- Tug-of-War Ropes
- Horseshoes
- Spike Ball
- Bocci



Places to Eat

APG MWR offers an array of dining options right here on Post! From very casual snack bars featuring quick food service to more elegant establishments that offer fine dining in a relaxed atmosphere.



Top of the Bay
APG North (Aberdeen), Bldg 30
410-278-3062

NOTE: Check website to see if we are closed for a private event.

Features dining with a view - overlooking the Chesapeake Bay. Hosting Weddings, Birthdays, Anniversaries, Conferences and more. Catering services available.



First Sergeant's Smoked Barbeque
APG North (Aberdeen), AA Recreation Center - Bldg 3326
443-752-4642 / 410-278-0534

Southern-style specialties: pulled pork, ribs, fish, chicken, speciality hot dogs, hush puppies, sweet potato fries. Deli Sandwiches, Wraps, Salads. Vegetarian meals. Burgers. Fountain sodas. Eat in or carry-out. Catering services available.



Eat Like a Greek
APG North (Aberdeen), Bowling Center - Bldg 2342
443-752-4642 / 410-278-0534

Content subject to change - check the "Social & Dining" section online for daily specials and menus.

Recreation Centers

For hours of operation go to aberdeen.armymwr.com

APG has two Recreation Centers that offer spacious areas for private events and official functions, leisure activities, and eateries. These Recreation Centers also host APG Special Events such as, picnics, ethnic and holiday celebrations, parties, etc.

Aberdeen Area:

**APG North, Ashbury St, Bldg 3326
410-278-2432/410-278-4011**

Services located within the AA Recreation Center:

- Leisure Ticket and Travel Services
- APG Library
- Ballroom*
- 1SGT BBQ Grill
- Classroom/Breakout Rooms*
- Pool and other Game Tables
- Free Wifi
- ATM
- Patio

Edgewood Area:

APG South, Brigade St, Bldg E4140

Services located within the EA Recreation Center:

- Ballroom*
- Free Wifi
- Patio



DON'T FORGET!

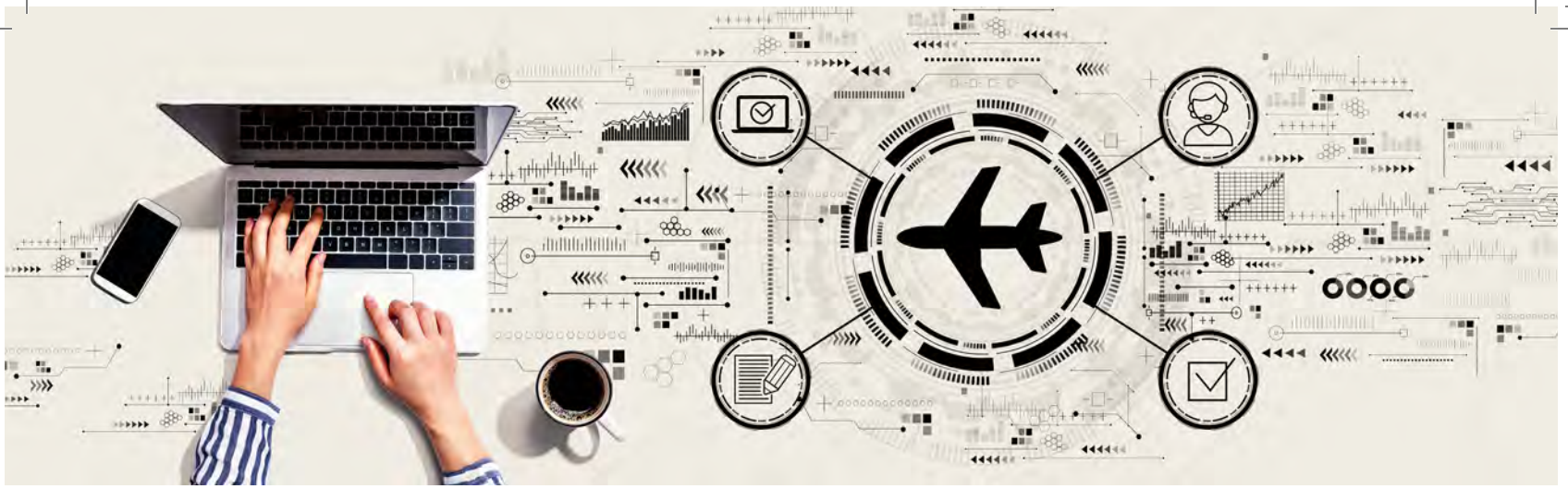
Retirements • Birthdays • Anniversaries

You can also **rent** a Recreation Center meeting room or patio for your next **private event**. Contact us for details:

**APG North (Aberdeen)
Recreation Center
410-278-2621 / 3404**

**APG South - (Edgewood)
Stark Recreation Center
410-436-2713**

*NOTE: Ballroom and Classroom/Breakout Rooms for APG Organizational Mission requirements and private function rentals. Advanced reservation and proof of MWR eligibility IAW AR 215-1 is required. Private and non-mission functions require fee payment to hold reservation.



Tickets & Trips

Main Office: APG North (Aberdeen)
Recreation Center, Bldg 3326
410-278-4011 / 4907

Limited Services: APG South - (Edgewood)
Stark Recreation Center, Bldg E4140
410-436-2713

Tickets to Local Area Attractions:

Hershey Park and other local amusement parks, National Aquarium, B&O Railroad Museum, Baltimore Zoo, Baltimore Orioles Baseball, area ski resorts, and local movie and live theaters.

Tickets to National Attractions:

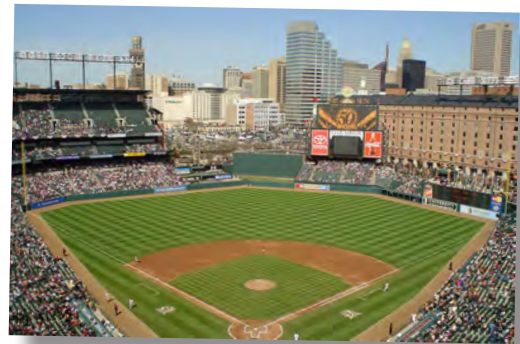
Walt Disney World (must be ordered in advance), Universal Studios, Busch Gardens, Sesame Place, Six Flags, Colonial Williamsburg, Luray Caverns, International Spy Museum, Gatorland, Legoland, etc.

Bus Trips:

New York City, and Washington, D.C., etc.

Gift Sales:

White House Christmas Ornaments, Movie Tickets. Local shows and performances.



Government Vacation Rewards is a travel discount program specifically designed for government employees and military personnel and offers over 40 cruise lines. More than 4,000 different resort properties to all major destinations worldwide with no blackout dates.



Proudly Caring for Aberdeen Proving Ground's Littlest Smiles!

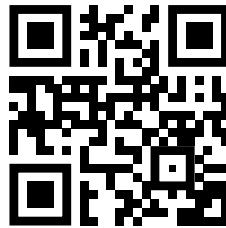
- Pediatric Dentistry
- Orthodontics
- Traditional Braces and Invisalign
- Financing Options Available
- Most Insurance Plans Accepted
- Easy Online Booking



Just One
Smile

• Main Street •

Children's Dentistry
& Orthodontics



Schedule your appointment today!

(410) 202-8626

mainstreetsmiles.com

No endorsement by US Army implied

STAY in the know

Connect with MWR!

Keeping up with Army MWR is easy.



Sign up for our **email newsletter** to stay in the know about MWR programs and events!

Sports and Fitness

APG North (Aberdeen)
Athletic Center, Bldg 3300: 410-278-7933 / 7934

APG South (Edgewood)
Hoyle Gym & Fitness Center, Bldg E4210
410-436-7134/3375



24/7 Access

Aberdeen Area Facilities*

APG Athletic Center, 410-278-7933 / 7934
Frankford St, Bldg 3300

Features: cardiovascular equipment, free and circuit weights, racquetball, locker, sauna, and shower facilities.

Shine Sports Field (multipurpose)

Located on Springfield St, across from the Commissary

Tennis Courts

Adjacent to the Aberdeen Recreation Center

Fitness Paths

Around Fanshaw Parade Field and Shine Sports Field and Plumb Point Loop

Edgewood Area Facilities*

Hoyle Gym & Fitness Center, 410-436-7134/3375
Otto Rd, Bldg E4210

Features: cardiovascular equipment, free and circuit weights, racquetball, locker, sauna, and shower facilities.

Tennis Courts

Adjacent to the Edgewood Recreation Center

Fitness Paths

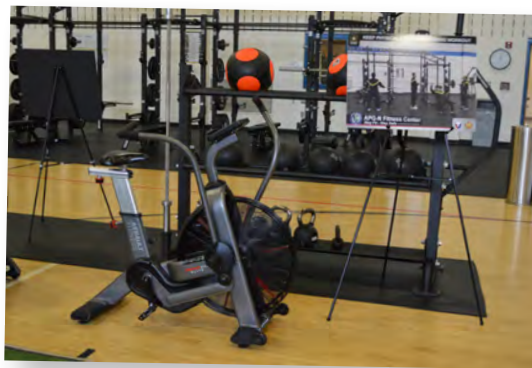
Around Air Field

*Authorized users only (ID cards required) for all facilities and most programs. Guests of Active Duty Military only.

Would you like to see something new offered?
Please contact us with your suggestions at:
usarmy.APG.imcom-fmwrc.list.usag-mwr-sports@mail.mil

IMPORTANT POLICY INFORMATION

- Facilities and free programs for ID card holders only.
- ID card checks and swipe in at each use required when entering facility
- Patron eligibility IAW AR 215-1, table 7
- Locker facilities provided at each facility. Lockers are for daily use only and locks are not provided. Bags may not be stored on the floor in the fitness equipment areas.
- During peak participation times or when individuals are waiting to use cardiovascular machines, there is a 20-minute time limit on each piece of equipment.
- Eye protection is required (and provided) by all racquetball players.
- Youth aged 15 and under must be accompanied by eligible parent/guardian and participate with/be in line of sight at all times. No strollers or child carriers are allowed in any exercise or play area.





Aberdeen Area CDC
APG North - Aberdeen, Bldg 2485
Front Desk: 410-278-5748 / 3487

Bayside CDC
APG North - Aberdeen, Bldg 2521
Front Desk: 410-278-4683

Edgewood Area CDC
APG South - Edgewood, Bldg E1901
Front Desk: 410-436-2077 / 2692

Child Development Centers

APG CDCs feature:

- Full Day Care
- Professionally Trained Staff
- Easy Access
- Large Playgrounds
- Daily USDA approved Breakfast, Lunch and Snacks
- Developmentally Appropriate Activities
- State-of-the-Art Early Childhood Equipment



UNITED STATES ARMY
CHILD & YOUTH SERVICES

**Offices: APG North - Aberdeen,
Advanced Tactics Rd, Bldg 2503
410-278-7479 / 7571 / 1233**

Child & Youth Services (CYS)



School Liaison - School Support Services

<https://aberdeen.armymwr.com/programs/school-liaison-officer-slo>



**APG North - Aberdeen
Bayside Drive, Bldg 2522
Director: 410-278-1917**

School Liaison Services (K-12) provide a communicative link between the Military community and the local public school system. Tutoring information is also available.

IMPACT AID SURVEY

- Federal Impact Aid is a law that provides a way for the federal government to **reimburse local school districts** for the loss of property and business tax support associated with federally connected students residing on/off base in the district.
- The funding that your child's school receives in Impact Aid **directly impacts his or her education** by providing replacement funding for operating expenses such as materials, equipment, staff, special education programming, and building improvements as part of the general funding of the district.

What Can I Do As A Parent?

Each year your child receives a **Federal Survey Form** that requests confidential information regarding his/her federal connection (including military and civilian family members). Simply by thoroughly completing and promptly returning this brief survey, you contribute to your child's school funding!

- Incomplete surveys cannot be submitted for Impact Aid; thereby creating a loss of funding for the district.
- Information provided is protected under Privacy Laws.

Surveys are given out in the First Quarter of the school year.



Child & Youth Sports

YEAR –AT-A-GLANCE SPORTS & FITNESS

The Aberdeen Proving Ground (APG) Child and Youth Services CY5 Sports & Fitness program offers various opportunities for children to participate in sports. The program provides support for children ages 3-18 years to encourage healthy, life-long habits.

Team sports are only available with the participation of volunteer coaches and assistants. Team sports practices held weekdays Monday through Thursday with ages 4-10 at 5:30 and ages 11-15 at 6:30 (subject to change based on volunteer availability). Coaches are trained and certified by the National Alliance of Youth Sports (NAYS) and must have a completed background check. Players must be registered with CY5 in order to enroll in a sport. Sports Physicals are good for 1 year. Summer is the best time to get sports physicals for school year.

SPORT	AGES	REGISTER	PRACTICE	SEASON	FEE	COMMENTS
Indoor Soccer	4-6, 7-11, 12-15	Oct for 4-11 Dec for 12-15	4-11 (Sat) 12-15 (Mon)	4-11 Nov/Dec 12-15 Jan/Feb	\$30	Played in YS Gym No practices (games only)
T-Ball	4-5	Feb	April	May-Jun	\$60	Must be 4 by Apr 1
Baseball	6-8	Feb	April	May-Jun	\$60	Age as 1 Apr
Softball (Girls)	8-18	Feb	April	Apr-Jun	\$60	Age as of 1 Sept
Jr. Golf summer	5-17	May	June	Jun-Aug	\$80	Age as of 20 Jun
Tennis	7-18	May	June	Jun-Aug	\$70	Age as of 20 Jun
Start Smart Football	3-5	April	May & June	Apr & May	\$30	Must be 6yrs old
Flag Football	5-14	Feb/March	April	Apr-Jun	\$60	Age as of 1 April
Cheerleading	6-15	Oct-Nov Feb	Jan & Feb Apr -June	Basketball Flag football	\$60	Age as of 31 Dec Ages as of 1 Apr
Basketball (League)	7-14	Oct-Nov	December	Jan-Mar	\$60	Age as of 31 Dec
Basketball (Clinic)	4-6	Oct-Nov	November	Nov-Dec	\$60	Age as of 31 Dec
Soccer (League)	7-15	May/June	August	Sep-Nov	\$60	Age as of 31 Jul
Soccer (Clinic)	4-6	May/June	August	Sep-Oct	\$60	Age as of 31 Jul
Jr. Golf Spring	5-17	Feb	Apr & May	Spring	\$80	Age 5 by start of practice
Start Smart soccer	3-5	Aug	Sep & Oct	Sept & Oct	\$25	Age 3 by start of program
Start Smart Baseball	3-5	Apr	May & June	May & June	\$25	Age 3 by start of program
Speed and Agility	6-17	Feb, May, Aug	Sept & Oct/ Jan & Feb	Fall Winter	\$30	Must be 6 by start date
Start Smart Basketball	3-5	Feb	March April	March April	\$25	Must be 6 by start date



Child & Youth Services

**APG North (Aberdeen)
Bldg 2522, Bayside Dr.
410-278-9061 / 4995**

*School Age Care (SAC)
Before School Care
After School Care
School-Out Days
Middle School/Teens (MST)
Before School Care
School-Out Days
Summer Camp*

**APG South (Edgewood)
Bldg E1902, Scully Rd.**

Summer Camp

The APG Youth Services (YS)

provide programs for children ages 6-18 years.

All programs strive to promote the physical, social, emotional and intellectual development of children and youth by providing a safe and nurturing environment. Our well-trained staff are committed to offering high quality, developmentally appropriate programming for each child based on ages, abilities, interests, personality and cultural backgrounds.

Workforce preparation is available.

**Offices: APG North - Aberdeen
Advanced Tactics Rd, Bldg 2503
410-278-7479 / 7571 / 1233**



Army Community Service



**APG North - Aberdeen,
Advanced Tactics Rd, Bldg 2503
410-278-7572**

For hours of operation go to
aberdeen.armymwr.com

Army Community Service (ACS) has a wealth of resources for Soldiers, Families, Reservists, Retirees, and DoD Civilians. The programs offered are designed to enhance quality of life, promote resilience and self-reliance, and provide stability during war and peace.

ACS offers a place to find the type of support needed for the enhancement of individuals and Families. We invite you to visit and utilize the many services and opportunities provided to help you maintain high levels of readiness and resilience.

Army Family Action Plan (AFAP)

The Army Family Action Plan provides a way for Soldiers, Family members and Civilian employees to let the Army leadership know what works, what does not work, and how things can be changed to improve the quality of life within the Army community.

1. You Tell Us What You Think – *Using submission forms found throughout the APG Community and on the APG website, submit your ideas, concerns, or suggestions.*
2. AFAP Listens and Acts – *Once an issue is received, it is reviewed by local volunteers, discussed at monthly forums, and submitted for action at the APG annual AFAP Conference.*
3. Together We Find A Solution – *Although some issues take time or are proven unattainable, every issue is reviewed, monitored, and tracked until a resolution is found. Most issues can be handled locally and are sent to the appropriate directorate for resolution. Those issues beyond the scope of FORSCOM may then be forwarded on to the Headquarters, Department of the Army (HQDA) AFAP Conference.*

Army Family Team Building (AFTB) 410-278-7572

AFTB is about adapting to Army Life. We teach and train so that you may gain knowledge, skills and behaviors that foster personal, mission and Family readiness. Classes can be taken for FREE at myarmyonesource.org.



Army Emergency Relief (AER) 410-278-2453

Provides financial assistance during valid emergencies that are unforeseen and require immediate attention. Assistance is provided as an interest-free loan. Under extreme circumstances, assistance may be given as a grant. Emergencies must have originated from other than the Soldier's own actions. Food vouchers are also available for Families in need.

Army Volunteer Corps 410-278-2500

The APG Army Volunteer Corp (AVC) seeks innovative ideas and processes to improve the quality of life at APG through the use of volunteers and volunteer agencies. We offer quality volunteer work experiences in which volunteers are appreciated and valued. Administrative, medical, mentoring, and coaching are a few of the opportunities that are available. You can volunteer for a day, an evening, for a one-time event or on an ongoing basis. Registration is done online at www.armyfamilywebportal.com

Employment Readiness Program (ERP) 410-278-2435

The Employment Readiness Program (ERP) provides career assistance and job lead referrals to Soldiers and Family members as they transition in and out of APG. The program offers a series of career development workshops to enhance the job searching experience. The goal of the APG ACS ERP is to assist you with your employment goals particularly as they are impacted by the mobile military lifestyle.

Relocation Readiness Program (RRP) 410-278-4232

Focuses on ensuring support and assistance is available for inbound and outbound military personnel and their Family members. Includes: Newcomer's Orientation, Military Homefront/Military Installations Guide, Lending Closet, etc.



Exceptional Family Member Program (EFMP)

410-278-2420

This program is in all branches of the service. Its mission is to assist Active Duty Personnel with Family members who have physical, emotional, developmental, or intellectual needs who require special treatment, therapy, education, training, and equipment or building modifications. EFMP is designed to minimize the disruptions those needs might have upon the Family during relocation, and to give considerations to those needs in the reassignment process through medical and education evaluations.

Family Advocacy Program (FAP)

410-278-7478

Designed to break the cycle of spouse/intimate partner and child abuse by identifying abuse as early as possible and by providing prevention and intervention services and resources for affected Soldiers, Family Members, and DoD Civilians. FAP services are also available to individuals who just want to gain the skills necessary to improve self and relationships.

Financial Readiness Program (FRP)

410-278-2453

Developed to educate on personal financial management. Services provided are budget counseling, debt liquidation plans, consumer education and information, explaining credit, and help in developing savings habits. Consumer assistance is offered in cases involving conflict with local businesses. In all cases, counseling is provided on an individual and confidential basis.

Information and Referral (I&R)

410-278-7572

This office serves as the central distribution point for ACS information, flyers, brochures and upcoming events and activities. We maintain an extensive resource file of local public, private and voluntary agencies and organizations to assist individuals with getting the support or information they need. This program will also direct you to our computer lab that allows you to access information via Wi-Fi or CAC capabilities.

Mobilization and Deployment/Stability & Support Operations Readiness

410-278-2500

Provides assistance to Commanders and assigned members and their Family members in maintaining individual readiness throughout the Deployment Cycle Support (DCS) Process. The DCS provides a means to identify individuals/Family members who may need assistance with the challenges inherent to extended deployments. Training includes: Pre and Post deployment, Post-Deployment Resilience Training for Spouses/Couples. Assist Commanders organize and train Family Readiness Group (FRG) members utilizing Operation R.E.A.D.Y materials.

Survivor Outreach Service (SOS)

410-278-2435

Program provides lifetime support to Families of Fallen Soldiers. The Army is committed to ease the pain of their loss and help them through this very difficult time. Services include: Support groups (adults and children), professional financial counseling, short term grief counseling on post and referrals to outside counseling in addition to gathering and getting to know fellow Gold Star Families.

Victim Advocacy Program (VAP)

410-278-1305

24/7 HELP LINE: 410-652-6048

Provides victims of domestic violence and sexual assault with a variety of services and support designed to increase victim safety and maximize autonomy. These services include: Crisis Intervention, Options Counseling, Safety Planning, Legal Advocacy, Court Accompaniment, Emergency Shelter Placement, Emergency Transportation, Relocation Assistance, Emotional and Command Support.

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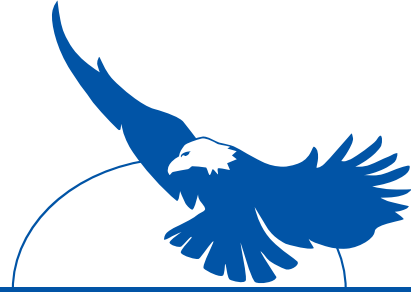
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