

APG ATHLETIC CENTER UNMANNED HOURS - REGISTRATION AND WAIVER

Authorized patrons are defined by AR 215-1 APPENDIX E: To obtain access, all authorized patrons must register their Common Access Cards (CAC). CAC cards will be activated for 24/7 access at completion of registration.

THE FOLLOWING EXPLAINS RULES AND/OR RESTRICTIONS FOR ENTRY AND USAGE OF SERVICES THROUGHOUT THE FACILITY:

CHILDREN AND AGE

- Children 12 years old and under are not authorized in the gym at any time.
- Family members and youth (13-15 years old) must be actively participating in the same activity and under the direct supervision of a parent or guardian, who is 18 years of age or older at all times. Exceptions to this rule are special programs organized and conducted by CYS, schools, or other authorized youth organization. Sponsors who do not abide by this rule, will be asked to leave the facility.
- Eligible family members 16 years and over presenting a valid military ID card that verifies age may enter unaccompanied and use all services in the facility, abiding by all rules and regulations as long as the gym has an employee present. The sponsor is still responsible for the actions of these family members while they are in the facility.
- Family members under 18 years of age may not participate in APG MWR Sports Leagues, Tournaments or Group activities unless specifically allowed by AR-215-1. They may not compete with active-duty military patrons unless they are participating in a program that is family oriented such as runs and fitness classes.
- During unstaffed hours, anyone under the age of 17 years old must be actively participating in the same activity and under the direct supervision of a parent or guardian, who is 18 years of age or older at all times.
- Sponsors are solely responsible for anyone that they bring into the gym at all times. Failure to adhere to the policies outlined above could result in forfeiture of access to the gyms in both locations as deemed necessary by the Garrison Commander.

SURVEILLANCE CAMERAS will be recording activities within the Fitness Center during unmanned hours. Actions such as theft, defacement or intentional damage to government property, sexual assault, inappropriate sexual behavior, and violation of rules will not be tolerated and are subject to punishment. Violation of the rules will result in loss of privileges, and individuals will be subject to the Uniform Code of Military Justice (UCMJ) and prosecution.

Authorized patrons will swipe once for entry at the main door entrance.

ACCESS CARD SHARING is strictly prohibited and will result in the loss of privilege. Access sharing is viewed as theft of services and may be prosecuted in accordance with the UCMJ. One card, one person access.

For patron safety and security, patrons must ensure that the door closes securely following entry. Access cardholders will not allow any other person to access when they enter. Each access card/CAC is only valid for that person's entry. "Piggybacking" is prohibited and will result in the loss of privileges for both parties. All other doors **MUST** remain closed unless there is an emergency.

Areas that are not available for use will be locked or clearly marked as restricted, to include locker rooms, issue room (equipment) and saunas.

IT IS HIGHLY ENCOURAGED THAT PATRONS UTILIZE THE BUDDY CONCEPT DURING UNMANNED HOURS, especially when utilizing free weights. If free-weights are used, recommend patrons not exercise above their training limits and experience. No equipment will be relocated under any circumstances. All weights will be re-racked by patrons when they have completed their workout. ***Please note that for safety reasons - showers and saunas will be closed to all during unmanned hours.***

A RED EMERGENCY PHONE IS LOCATED IN THE FACILITY HALLWAY TO BE USED IN CASE OF ANY EMERGENCY OR NEED FOR ASSISTANCE.

In the event of severe weather, patrons will shelter-in-place in the A/C until severe weather has passed. The gym is not accessible when the post is closed due to weather.

I agree to abide by all rules stated above:

I understand and agree that my access to the Athletic Center during unmanned hours is a special privilege that can be taken away for a rules violation.

I acknowledge that there will be no supervision or assistance during unmanned hours and I am expected to behave in accordance with all normal operation fitness center rules as well as good standards of conduct and discipline.

I acknowledge that there may not be anyone on site to respond to an emergency.

I acknowledge that USAG, APG is not responsible for the protection of personal property.

In consideration of access to the A/C and use of the exercise equipment and facilities provided by A/C, **I expressly agree and contract**, on behalf of myself, my heirs, executors, administrators, successors and assigns, that A/C, APG Non-appropriated Fund Instrumentality, ASAGAPG, and its insurers, employees, officers, directors, and associates, shall not be liable for any damages arising from personal injuries (including death) sustained by me in, on, or about the premises, or as a result of the use of the equipment or facilities, regardless of whether such injuries result, in whole or in part, from the negligence of the A/C.

By the execution of this agreement, **I accept and assume** full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur to me, and **I hereby fully and forever release and discharge** the A/C, APG Non-appropriated Fund Instrumentality, USAGAPG, United States Army and United States Government, its insurers, employees, officers, directors, and associates, from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out the use of said equipment and facilities. **I expressly agree** to indemnify and hold the A/C, APG Non-appropriated Fund Instrumentality, USAGAPG, United States Army and United States Government harmless against any and all claims, demands, damages, rights of action, or causes of action, of any person or entity, that may arise from injuries or damages sustained by me. **I agree to be solely responsible** for safety and well-being of myself. Initials

I understand and acknowledge that the use of exercise equipment involves risk of serious injury, including permanent disability and death. .

NAME (PRINT): _____

DOB: _____ GENDER: _____ GRADE/RANK _____

HOME ADDRESS: _____

E-MAIL: _____ PHONE: _____

UNIT/ORGANIZATION: _____

EMERGENCY CONTACT: _____ PHONE: _____

ELEGIBILITY CATEGORY (CIRCLE): AD DOD CIV CONT RETIREE FAMILY MEMBER*

* IF FAMILY MEMBER, ALSO CIRCLE SPONSOR ELIGIBILITY AND PROVIDE

SPONSORS NAME: _____

SIGNATURE: _____ DATE: _____

TO BE COMPLETED BY STAFF: _____