

Aberdeen Proving Ground



InDemand e-Newsletter

ISSUE 9-3

PICKLEBALL TOURNAMENT

PROPOSED DATE:
October 7

We are gathering the level of interest for our APG Pickleball Tournament.

We want to hear from you!

Tell us who you are, what level of play, and what type of format you would like to play.

Email Kevin at:
kevin.b.reich.naf@army.mil



FREE September Movies



BOSS
BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS

SEPT 26 6:00 PM
F1 - PG-13

SEPT 27 4:00 PM
E10 - PG



CONCESSING FOR SALE BEFORE
AND DURING THE SHOW INCLUDES POPCORN,
ASSORTED CANDY, SODA AND WATER.
CASH ONLY.



TURKEY SCRAMBLE

November 21
Ruggles Golf Course
10 am shotgun

\$50 members
\$70 Guest
Walkers welcome
Food will be provided

Pre-register at Club house
or call 410-278-4794



Driving away Domestic Violence

OCTOBER 2, 2025
RUGGLES GOLF COURSE

Join us in raising awareness for
Domestic Violence at Ruggles!
Sign up your team today for the Drive Away
Domestic Violence Golf Tournament and Purple Ball Challenge.
Four person Captain's choice scramble/ Purple Ball Challenge

11:30 am - 12:30 pm lunch and registration
1:00 pm Shotgun start
Cost \$65 per person includes golf cart



For more information or to register please call the golf shop at 410-278-4794

<https://aberdeen.armymwr.com/>

Sports and Fitness



FLAG FOOTBALL LEAGUE
Sept 25, 2025
Shine Field
5-7 PM

Prepare for this year's APG Turkey Bowl by entering your team in our APG Flag Football Preseason League. Thursdays on Shine Field.

For more information contact Kevin Reich
kevin.b.reich.naf@army.mil
410-278-7934




YOUTH LEAGUE

Come join the fun at the APG Bowling Center. Now forming Youth Bowling Leagues Saturdays from 8 am -12 pm.

For more information please call us at 410-278-4794.




APG MWR

7v7 Soccer Tournament

October 8, 2025

Shine Field Begins at 5 PM

Submit your Roster to:
Kevin Reich at
kevin.b.reich.naf@army.mil
or call 410-278-7934 for more information




<https://aberdeen.armymwr.com/>

Don't miss this



Farmers Market

SEPTEMBER 23, 11 AM - 2 PM APG POST THEATRE PARKING LOT

Beef - Pork - Produce - Dairy

FOR MORE INFORMATION CONTACT KIMMI AT 443-617-8997

CALLING ALL VOLUNTEERS

JOIN THE BOO CREW

CALL 410-306-4522
FOR MORE INFORMATION

HAUNTED BALLROOM

FRIDAY, OCTOBER 24
AA REC CENTER 4-7 PM

Disney ON ICE

"Disney On Ice: Jump In!" brings to life the magic of Disney through captivating performances on ice. The show features characters from popular films such as Moana, Toy Story, Frozen, Encanto, and Inside Out 2. Audiences can expect a vibrant mix of storytelling, music, and dazzling ice skating that immerses them in the enchanting worlds of their favorite Disney stories.

CFG Arena
All seats are located in section 104 Lower Concourse

Thurs, Oct 16 @ 7pm \$37.00
Fri, Oct 17 @ 7pm \$40.00
Sat, Oct 18 @ 6:30pm \$40.00
Sun, Oct 19 @ 4pm \$40.00

All guests age 2 and older are required to have a ticket.
No refunds or exchanges.

To purchase tickets visit MWR Leisure Travel Services at the AA Recreation Center, BLDG 3326
Questions? Call 410-278-4011 or email us
imcom.list.apgr-usag-mwr-leisuretravel@army.mil

<https://aberdeen.armymwr.com/>



Family and Finances

Upcoming FRP Classes

Wed, Sep 17 - Home Buying: A house is one of the most complicated and expensive purchases you will ever make. This presentation provides an overview of the home buying and mortgage process.

Topics include:

- Whether the Time is Right to Purchase A Home
- Determining What You Can Afford
- Choosing A Lender and Loan
- Selecting A Real Estate Agent
- Negotiating
- Closing the Deal

Thu, Sep 18 - Home Buying – Mortgage Process: This seminar will discuss how to choose mortgage lenders when home buying. We will share information about mortgages and discuss which lenders and banks offer the best home mortgage loans and interest rates.

Fri, Sep 19 - Home Selling: This seminar covers everything from staging to settlement. Learn to prepare and stage your home, gather the necessary documents and understand the process from hanging the "For Sale" sign to settlement day!

Wed, Sep 24 - Money Smart for Older Adults: Learn ways to identify and prevent scammers from gaining access to your finances as well as what to do if you fall victim of a scam.

Thu, Sep 25 - Identity Theft: This seminar discusses how thieves steal your identity and what you can do to deter, detect and defend against identity theft.

Fri, Sep 26 - Survivor Benefit Plan: This seminar will assist you in making informed decisions about SBP's role in your retirement plan.

Wed, Oct 1 - Thrift Saving Plan: Overview of the Thrift Savings Plan (TSP). We will discuss: Enrollment, Participation, Contributions, Roth TSP, Investment Funds and Withdrawal Options. We will also highlight important considerations for retirement planning and will provide valuable resources.

Thu, Oct 2 - Vesting in the TSP: We will discuss vesting in the Thrift Savings Plan (TSP). Topics will focus on: Saving for Retirement, an Overview of the Blended Retirement System (BRS) and Understanding the Purpose of TSP.

Upcoming APG FAP Lunch & Learns

09/30- Relationship Safety 101: Learn the fundamentals of building healthy and respectful relationships, fostering a foundation of trust and mutual well-being. This session equips you with the knowledge to identify potential red flags and cultivate safe, supportive connections in all areas of your life.

10/07- Safe Dating: Empower yourself with essential strategies for navigating the dating world with confidence and safety. Learn to recognize healthy relationship dynamics, establish clear boundaries, and prioritize your well-being while building meaningful connections.

10/14- Bystander Intervention: Become an active bystander and learn how to safely and effectively intervene when you witness or suspect domestic violence. This session provides practical tools and techniques for recognizing signs of abuse, offering support to victims, and safely intervening to prevent further harm.

10/21-Conflict Resolution for Couples: Enhance your communication skills and learn effective strategies for resolving conflicts constructively within your relationship. This session will help you build a stronger, more resilient partnership by fostering understanding, empathy, and healthy problem-solving skills.

10/28- Relationships & Finance: Learn how to navigate financial discussions and decisions as a couple, fostering open communication and building a solid foundation for financial stability within your relationship. This session equips you with the tools to create shared financial goals and manage finances in a way that strengthens your bond and promotes long-term security.

11/04- Blended Family Dynamics: Learn strategies to navigate the unique dynamics of blended families and build strong, healthy relationships. This session offers practical tips for fostering understanding, managing expectations, and creating a harmonious environment where all family members feel valued and supported.

11/11- Dos & Don'ts of Step Parenting: Discover effective approaches to step-parenting that promote positive relationships and foster a sense of belonging for all children involved. This session provides guidance on building connections, navigating boundaries, and creating a supportive and nurturing environment within the family.

11/18- Co-parenting across Households: Develop effective communication and collaboration skills to successfully co-parent across separate households, prioritizing the well-being of your children. This session equips you with strategies for minimizing conflict, establishing consistent routines, and creating a supportive environment for your children's healthy development.