

Aberdeen Proving Ground



InDemand e-Newsletter

ISSUE 8-2

FREE August Movies



BOSS

BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS

AUG 29 6:00 PM
THE ACCOUNTANT 2 - R

AUG 30 4:00 PM
THUNDERBOLTS - PG13



CONCESSIONS FOR SALE BEFORE
AND DURING THE SHOW INCLUDES POPCORN,
ASSORTED CANDY, SODA AND WATER.
CASH ONLY.



U. S. A R M Y
SURVIVOR
OUTREACH
SERVICES



410-278-2435

Domestic Violence Helpline

410-652-6048

Available around the clock, every day of the year,
for victims of domestic violence.

<https://aberdeen.armymwr.com/calendar/event/virtual-workshop-domestic-violence-101-civilians-contractors-4899134/55557>

<https://aberdeen.armymwr.com/>

Don't miss this



New York City Bus Trip

September 13, 2025

Drop off location: New York City, 8th Ave and 48th St.

**Depart AA Rec Center: 7:00 a.m.
Return AA Rec Center: 9:00 p.m.**

Cost: \$75.00 per person

No Refunds. All sales are final.

To purchase your ticket or for questions please stop by the AA Rec Center, B3326 or call 410-278-4011 or email usag-apg-imcom.list.apgr-usag-mwr-leisuretravel@army.mil





Spin Class

Interval Spin Class with weights



**Wednesdays, 1130-1230
Hoyle Gym, E4210
\$30 for 8 consecutive classes.
Pre-registration required!
Call 410-278-4011/4124**






SOFTBALL

**APG Slow Pitch Softball
Thursday's 5PM-7PM.
Beginning July 17 at Shine Field.**

Must be 18 years old.
Open to men and women.

Those interested should contact Kevin Reich at kevin.h.reich.nai@army.mil or call 410-278-7934

<https://aberdeen.armymwr.com/>

Don't miss this

SHOOTING OPPORTUNITIES FOR ALL SKILL LEVELS
The Skeet & Trap Range



Hours of Operation
 Tuesdays & Thursdays 9-3:30 p.m.
 Saturdays Noon-4 p.m.
 4757 Roadley Road, APG South, Bldg 14731
 Special outings are available by request.
 For more info call 410-278-5769
 Fee - \$7 per round of 25 targets

The Skeet & Trap Range has great shotgun and muzzle loader shooting opportunities. Range may only be opened by a range control officer. Patrons must bring their own shotgun and ammunition. All firearms must be registered. Firearm Registration Form - Send completed form to usarmy.apg.asi.list.apg-police-admin@mail.mil for processing.

APG Family and MWR



Follow us on Flickr

www.flickr.com/photos/apgmwr/albums

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

CYS SPORTS
START SMART SOCCER REGISTRATION



Registration held Aug 1 - Sep 5
 Open to all children in nearby counties!

Start Smart Soccer is a program designed to teach the basics of soccer with a child's parents. CYS Sports will have a coordinator to assist.

Program begins Sep 8 (6 weeks) once per week

APG Turf Soccer Field. AGES: 3-5 (Coed)
 Practices held on Mondays from 5:30-6:30 p.m.
 Age Determination Date: September 8, 2025

COST/FEE: \$30

REGISTRATION INFO: Please call 410-278-7571/7479 to schedule an appointment Monday through Friday 8 a.m.-3 p.m. at the Central Registration Office, Bldg 2503 Advanced Tactics Rm, Second Floor, Room 210 & 211. Appointments are required for new parents and players whose yearly sports registration fee expired. If your child has played sports at APG CYS within the last year and the Sports Physical is current (within 1 year), please call to register via phone.

CALLING ALL VOLUNTEERS

JOIN THE BOO CREW



HAUNTED BALLROOM

FRIDAY, OCTOBER 24
 AA REC CENTER 4-8 PM

CALL 410-306-4522
 FOR MORE INFORMATION

MARFORD COUNTY
 Maryland's Crown



Coming Soon

Farmers Market

SEPTEMBER 23, 11 AM - 2 PM APG POST THEATRE PARKING LOT
Beef - Pork - Produce - Dairy
 FOR MORE INFORMATION CONTACT KIMMI AT 443-617-8997

NO ENDORSEMENT BY US ARMY IMPLIED

SHORE POOL 2025 SEASON



Fees for 2025
 Daily Fees-Active Duty-\$5.00
 Daily Fees-All Others-\$7.00
 Punch Pass-10 visits
 Active Duty-\$30.00
 All Others-\$50.00
 Punch Pass-30 visits
 Active Duty-\$90.00
 All Others-\$150.00
 All passes seasonal expires September 1, 2025

Hours of operation:
Open Swim/Splash Park
12-5 PM
 May 24 - 26
 Saturday & Sunday, Monday-Memorial Day
 May 31 - June 15
 Saturday and Sunday
 June 20 - August 16
 Friday, Saturday & Sunday
 (Friday, July 4 Open)
 August 23 - September 1
 Saturday - Sunday
 (Monday, 1 September Open)

Where to purchase:
 AA Recreation Center, 83326 Trickett Office
 Outdoor Recreation Service Center
 Shore Pool (during operating hours)
 For more information call 410-278-4011/4124



Family and Finances

Upcoming FRP Classes

08/13: Planning for Your Retirement: This seminar offers important retirement information and provides useful insights to people who are planning for retirement, and those already retired who are rethinking their retirement finances

08/14: Healthy Relationships and Finance: Money can be a large stressor in relationships, this seminar will focus on strategies that will help couples and families manage their finances while maintaining a strong healthy bond.

08/15: Continuation Pay: Service members under the Blended Retirement System (BRS), are eligible for a one-time, mid-career bonus payment called Continuation Pay. During this seminar, you will have the opportunity to understand what Continuation Pay is, how to apply for it, and how best to use it.

08/20: Paying Off Student Loans Learn tips and tools to help you find ways to offset the cost of college! This seminar will discuss different types of educational benefits for the military and financial aid for you and your children, including scholarship opportunities and college savings plans

08/21: Dream Big Plan Now: This will be an open discussion

08/22: Credit Management: This seminar provides information on credit establishment, credit management and debt relief. It introduces debt-to-income ratio concepts, the importance of monitoring credit reports and scores and briefly addresses the SCRA and bankruptcy.

08/27: Planning Your Financial Future: This workshop focuses on financial goal setting.

08/28: Medicare Medicaid: This seminar will help you understand the Medicare basics, the different coverage options, enrollment and more. Helpful resources and tools will be provided, and with this information you will be able to make confident Medicare decision

08/29: Tricare: This seminar will discuss what changes after retirement and what actions you need to take to continue TRICARE health coverage for you and your family

HOW TO SMART START YOUR SMALL BUSINESS

2025 VIRTUAL SEMINAR DATES:
March 11
June 10
September 9
December 9
12 pm to 1 pm. Via MS Teams

This workshop will provide a brief overview of ways to smart start your small business and learn tips and tools to become a successful entrepreneur.

To reserve your spot for this FREE virtual class, please contact Michael Farlow, at (410)278-2435 or michael.b.farlow.civ@army.mil

ARMY COMMUNITY SERVICE ACS Real-Life Solutions for Successful Army Living

Back to School

Empowering Families for a Thriving School Year

Prepare your family for a successful and fulfilling school year with this informative series. Learn essential strategies for establishing effective routines and time management, fostering positive parenting techniques, building resilience in children to navigate challenges, and managing screen time for a healthy balance. Equip your family with the tools they need to thrive academically, emotionally, and socially, setting the stage for a fantastic school year!

08/05- Managing Screen Time & Internet Safety: Create a healthy balance between screen time and other activities to promote well-being for yourself and your family.

08/12- Positive Parenting: Discover effective parenting strategies that foster positive relationships, build self-esteem, and promote healthy development in your children.

08/19- Building Resilience in Children: Equip your children with the skills and strategies they need to bounce back from challenges and overcome adversity.

08/26- Time Management & Routines: Learn effective time management techniques and strategies for establishing routines that promote productivity, reduce stress, and create a more balanced lifestyle.

Scan to join

For more information call 410-278-1711 or email Nicole.a.dandrea@civ@army.mil

ARMY COMMUNITY SERVICE ACS Real-Life Solutions for Successful Army Living

Tricare

**August 29, 2025
12 - 1 PM
via MS Teams**

This seminar will discuss what changes after retirement and what actions you need to take to continue TRICARE health coverage for you and your family.

Registration is not required.
For virtual meeting link and instructions visit: <https://abernethymwr.com/programs/tricare/continuation-program>
For more information call 410-278-2435.

ARMY COMMUNITY SERVICE ACS Real-Life Solutions for Successful Army Living