### **Aberdeen Proving Ground**









ISSUE 7-4



### APG AUTO CRAFTS CENTER Do It Yourself...and Save A Bunch!\*

- Friendly, Knowledgeable, Experienced Staff
- Open to ALL Government I.D. Holders and Veterans
- General Tools and Some Specialty Tools Available

#### Open Saturdays & Sundays: 8 a.m.- 5 p.m.

APG North, Harford Blvd., Bldg #2379 (We're next to APGFCU, behind the Bowling Center.)

410-278-4124 / 5789 / 2621

\*Up to 75%!!!



# TOP OF THE BAY **Curbside Lunch**

Tuesdays, July 20 and July 27
PLACE YOUR ORDER BY 2 PM THE DAY BEFORE

## We heard APG missed our lunches,

so we are bringing back some of APG's favorites...Curbside

Option 1: Our classic Crab Cake Sandwich with condiments on the side, served with coleslaw, pickles and sweet tea.

**Option 2:** Our Pulled Pork sandwich served with coleslaw, baked beans, pickles and sweet tea.

Pick up at Top of the bay between 10 am-1 pm

Place your order by calling 410-278-5915

# **Something Special**















## **Child and Youth**









# COME SIGN UP FOR THE APG SUMMER READING PROGRAM AND RECEIVE ALL KINDS OF GOODIES

HTTPS://ABERDEENPROVINGGROUND.BEANSTACK.COM/READER365

### HOURLY CARE FOR K-5th GRADE EA YS - Bldg E1902

(transportation to school is not provided). We provide fun supervised activities sponsored by Boys & Girls Club and 4-H activities. We offer a breakfast supplement, lunch, and a snack if your youth is present during those meal times. We follow USDA standards.







# **Community**

### July Lunch & Learn Topics below.

Registration is not required and all classes are free!

\*All times are 12:30-1:30 unless otherwise noted.

#### Week 5

<u>Wed 7/28</u>: Money & Relationships: This presentation covers topics such as; emotional connections to money matters, how to set goals with your partner and effective communication. Guest speaker Mar y Sol Weston, LCPC, CCTP, Military & Family and Life Counselor.

**Thurs 7/29:** Christmas in July: Holiday spending bills can catch us by surprise, particularly when we forget holidays occur all year. We'll offer money saving themes and ideas so we don't overspend for this holiday season. **Fri 7/30:** Open Discussion: Topic of the Day





# **Community**

### July Lunch & Learn Topics below.

Registration is not required and all classes are free!
IN AUGUST, LUNCH & LEARNS WILL MOVE TO A NEW TIME!

\*All times are 12:00-1:00p.m. unless otherwise noted.

#### Week 1

*Wed 8/4: 11-12 p.m. Car Buying-*Most service members will purchase a new or used car while in the service. They will spend more of their disposable income on automobiles than on virtually anything else except food and shelter. This course explores how service members and their family members can save hundreds, if not thousands, of dollars on their next vehicle purchase.

**Thurs 8/5: Developing Your Spending Plan**-Emphasizing the need for establishing a financial plan and introduces components of a spending plan through using a financial planning worksheet. It presents tips to manage spending, suggestions for an "ideal" spending breakdown and SMART goals to assist in establishing financial priorities.

Fri 8/6:Open Discussion: Topic of the Day

#### Week 2

**Wed 8/11: Employee Assistance Program** services and insights for DoD civilians with guest speaker Jenise Bryce, Employee Assistance Program Prevention Coordinator. We will explore top reasons for engaging an EAP, what are the primary financial stressors and some training to combat anxiety and depression with self-care.

*Thurs 8/12: Divorce*: Divorce can be a stressful life event in many ways. The goal of this class is to help reduce uncertainty associated with the financial aspects of divorce. We'll share information to help you prepare to make smart, informed financial moves so you can emerge from your divorce with greater financial confidence.

Fri 8/13: Open Discussion: Topic of the Day

#### Week 3

*Wed 8/18:* Various steps to getting back on your feet after removing yourself from unwanted circumstances with guest speaker Antoinetta Saunders-Gauth, MSW, CA, VAS III, Family Advocacy Program Manager, Victim Advocate, FAP Educator.

*Thurs 8/19 1100-1200: Marriage*: Marriage is a meaningful commitment to your partner but also a legal and financial one. To help you optimize your finances for married life, we'll discuss Communication, Administrative Tasks, Financial Planning, Insurance, Legal Documents and Taxes. Managing your lives together on the same financial page will help improve communication and minimize stress later.

Thurs 8/19: Estate Planning Day 1-Documents and discussion

Fri 8/20: Estate Planning Day 2-Digital Estate, Getting Organized, Ideas & Tips