

Aberdeen Proving Ground



InDemand e-Newsletter

ISSUE 10-3



Halloween Movie Weekend!

Location: APG Post Theater

Friday, Oct 26

7 PM - Ant-Man and the Wasp

Saturday, Oct 27

Halloween Movie Marathon

11 AM - Hotel Transylvania 3

1 PM - The Goonies

3 PM - Addams Family Values

5 PM - Get Out

7 PM - It (2017)

9:30 PM - The First Purge

Home Buying SEMINAR

October 18, 2018

11:30-12:30

ACS Bldg 2503



This seminar will cover current real estate market conditions, and how that relates to home buying. We will also provide take-home information packets that discuss the step-by-step process as well as useful tips in buying real estate.

For more information
or to register, contact
leary.g.henry.civ@mail.mil 410-278-2453



Membership Signups

11 a.m. - 1p.m.

Oct 23: EA Exton Golf Course

Oct 24: APG Bowling Center

The Civilian Welfare Fund will be sponsoring the last BJ's Membership signups. New and renewal memberships accepted. The cost for an Inner Circle membership is \$40 and runs for 13 months. The Rewards membership is \$80 for 13 months. All forms of payment accepted. Discounted memberships are only available at on-site signups, not in-store or on-line.

This event is open to all military, DoD Civilians, retirees and contractors.

For more information contact:
Patricia Harkins
patricia.e.harkins.naf@mail.mil
410-436-4467



2018 White House Ornaments

Leisure Travel Office

Bldg 3326

\$19.50 each

The 2018 White House Christmas Ornament honors Harry S. Truman, the thirty-third president of the United States. One side of the ornament features the celebrated Truman Balcony, added in 1947-48 to the South Portico, and the other side features his renovated Blue Room, which was dismantled and re-build during the renovation of 1948-52.

For further information call

410-278-4011 or email:

usarmy.APG.imcom.list.apgr-usag-mwr-
leisuretravel@mail.mil

For more info: visit: www.whitehousehistory.org

aberdeen.armymwr.com

Sports & Outdoor Recreation



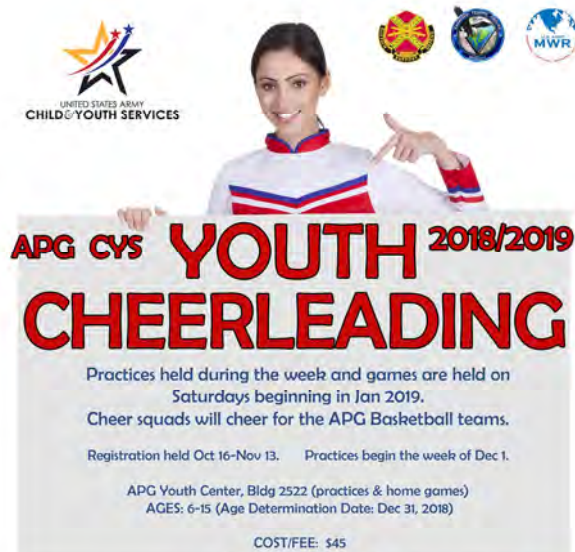
Fall/Winter Bowling Leagues
Brewner Lanes
6-9 PM

Looking For something fun to do?
 Fall/Winter Bowling Leagues now forming.
 Tuesday, Wednesday, Thursday, Friday - Coed leagues
 Saturday - Youth (Ages 5-18)

No skill level required... Looking for individual bowlers and teams Contact Brewner Lanes today for more information.

410 278 4041

Logos: MWR, MWR, MWR



UNITED STATES ARMY
 CHILD & YOUTH SERVICES

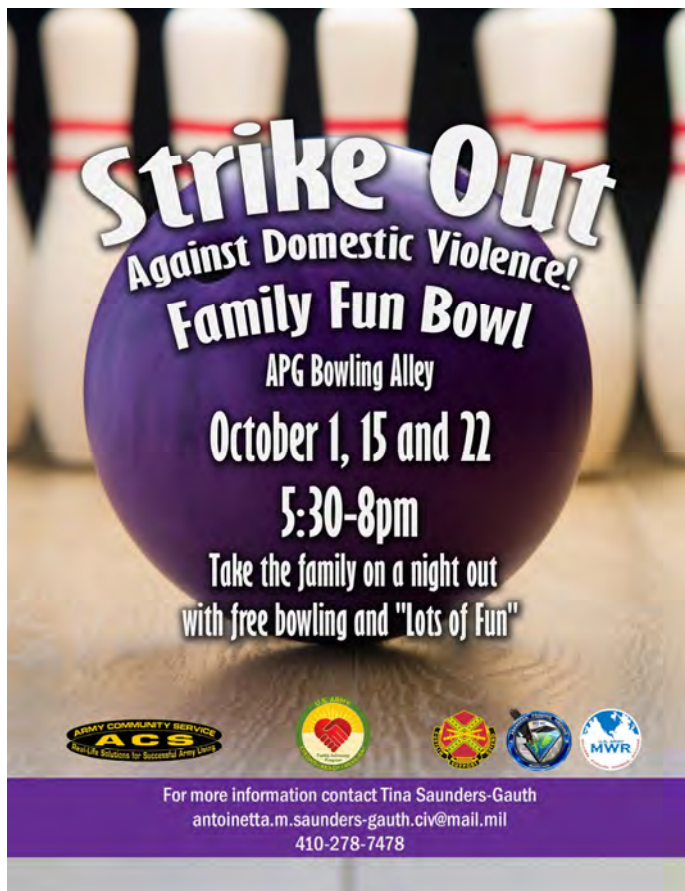
APG CYS YOUTH 2018/2019 CHEERLEADING

Practices held during the week and games are held on Saturdays beginning in Jan 2019.
 Cheer squads will cheer for the APG Basketball teams.

Registration held Oct 16-Nov 13. Practices begin the week of Dec 1.

APG Youth Center, Bldg 2522 (practices & home games)
 AGES: 6-15 (Age Determination Date: Dec 31, 2018)

COST/FEE: \$45



Strike Out Against Domestic Violence!
Family Fun Bowl
 APG Bowling Alley
 October 1, 15 and 22
 5:30-8pm
 Take the family on a night out with free bowling and "Lots of Fun"

Logos: ACS, ACS, ACS, MWR, MWR

For more information contact Tina Saunders-Gauth
 antoinetta.m.saunders-gauth.civ@mail.mil
 410-278-7478

SPORTS PHYSICALS REQUIRED TO CHEER

For more information, contact
 william.m.hegley3.naf@mail.mil
 or call 410-306-2297.

CYS Sports cannot guarantee late registrations.

REGISTRATION INFORMATION:
 Visit the Parent Central Office,
 Bldg 2503 Advanced Tactics Road, Second Floor.
 Office Hours are:
 Monday-Friday,
 7:30 a.m.-4 p.m.
 (by appointment only).
 Please call 410-278-7571/7479 to schedule an appointment.



APG CYS Youth Basketball Registration

for Boys and Girls.

Registration: Oct 16 - Nov 13
 Late registrations are not guaranteed.

Clinic - ages 4-6
 In-House - ages 7-8 (6 yr. olds w/experience can play 7-8)
 League - ages 9-14 (9 yr. old beginners can play 7-8)

Practices and team meetings begin the week of Dec 1.
 Practices are held weekdays and games are held on Saturdays.

AGES: Boys and Girls ages 4-6 (Coed) Saturdays only (9-10:30a.m.)
 Boys/Girls ages 7-8 (In-House APG program)
 Boys ages 9-14 (County League play)
 Girls ages 9-14 (County League play)
 Age Determination Date: Boys - December 31, 2018
 Girls - September 1, 2018

COST/FEE: \$45

Volunteer Coaches needed. Sports Physicals are required to play before Dec 1. For more information, contact william.m.hegley3.naf@mail.mil or call 410-306-2297.

REGISTRATION INFORMATION:
 Visit the Parent Central Office, Bldg 2503 Advanced Tactics Road, Second Floor.
 Office Hours are: Monday-Friday 7:30 a.m. - 4 p.m. by appointment only.
 Please call 410-278-7571/7479 to schedule an appointment.



Army Community Service

Keeping the Holidays in Perspective

Thursdays, October 25 through November 15,
11:30 a.m. - 1 p.m.

ACS Classroom. Bldg 2503 Advanced Tactics Rd

Join us for an interactive workshop to help you keep stress to a minimum this Holiday Season! You will walk away with tips and tools to keep Holiday details and expectations in perspective and learn to create your own positive emotion to combat stress all year long!

For more information contact Jennifer Eichner
jennifer.eichner.civ@mail.mil
410-278-2500

Breaking the Debt Cycle

October 25, 2018
11:30 AM - 12:30 PM
ACS Building 2503

If debt is dragging you down, take control of debt before it takes over your life. Do you know how much you owe? Have you figured your own "safe" credit limit? Do you know what percentage of your total credit limit is safe to charge? Do you know the warning signs that you may have too much debt?

Register to learn more.
To register contact Leary Henry at
leary.g.henry.civ@mail.mil or 410-278-2453.

STRESS MANAGEMENT LUNCH & LEARN

June 28, July 10, Aug 8,
Sept 12, Oct 9, Nov 14, Dec 5

11:00 a.m. - 12:30 p.m.
Bldg 2503, 2nd floor

Are you having a hard time
managing your stress?

Want to learn techniques which could improve overall health by managing your stress? Attend the Stress Management training to learn how to properly manage stressful situations which could improve your overall physical and mental health.

For more information or to register,
contact Antoinetta Saunders-Gauth
antoinetta.m.saunders-gauth.civ@mail.mil
POC Phone Number: 278-7478

CONFLICT LUNCH N' LEARN

July 25, Aug 29, Sept 26, Oct 23
11:00-12:30 Advanced Tactics Rd Bldg 2503, 2nd floor

Are you struggling to improve your relationships due to conflicts? Join us and learn techniques that will help you improve your relationships through various communication styles and strategies for conflict situations.

For more information or to register contact Antoinetta Saunders-Gauth
antoinetta.m.saunders-gauth.civ@mail.mil 410-278-7478



Start & Revitalize Your Career Today!



2018 CLASS DATES
Wednesday, April 18
Wednesday, July 18
Wednesday, October 24
11:30 a.m. - 1:30 p.m.
ACS, Bldg 2503 High Point Rd

Whether you are starting a new career or need a boost in your current career, this workshop offers you the following:

- set a career path that defines you
- create strategies to move your career to the next level
- set S.M.A.R.T. goals that work:
(Specific, Measurable, Attainable, Realistic Time bound)
- be the job applicant that stands out

To enroll in this FREE class call
Michael Farlow at 410-278-2435, or Email:
michael.b.farlow.civ@mail.mil
In partnership with APG Federal Credit Union.



More Fun Stuff!



The Modell Lyric, 140 W Mount Royal Ave, Baltimore, MD
 Tickets \$22 (Limit 10 per ID), while supplies last
 November 17, 2018, 10:30 a.m. and 2:30 p.m. show

Jump to the beat with your friends on Sesame Street! Introducing an all-new, interactive show that unfolds on one of the world's most famous streets at the funniest, furriest party in the neighborhood....get ready for Sesame Street Live! Let's Party!

Purchase Tickets visit MWR Leisure Travel Services at the Recreation Center, Bldg 3326 or EA Recreation Center, Bldg E4140.

Questions? Call 410-278-4011 or E-Mail
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

For more information visit: <https://modell-lyric.com>

APG 2018
Holiday Bazaar
 AA Rec Center, Ballroom, Building 3326
 Wednesday, November 28, 2018
 10:00 am-2:00 pm

APG 2018 Holiday Bazaar is a festive event with vendors and give a ways. 30-40 vendors will be offering a wide range of items, including home decor, jewelry, artwork, gift items, baked goods and much more. Door prizes will be provided.

For more information call 410-278-4011/4907 or email: usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

2018 Washington International Horse Show



Capitol One Arena in Washington, DC
 Tuesday, October 23-Sunday, October 28, 2018
 Free Tickets, Distribution begins October 11 while supplies last. 4 Tickets per valid ID - DOD Personnel, Active Duty, Reservist, Retired and National Guard.

The Washington International Horse Show (WIHS) is a championship event with approximately 600 horses and riders. Highlights of the event include adrenaline-fueled show jumpers, dancing dressage horses, classic equitation, picture-perfect hunters and action-packed barrel races, and humorous terrier races.



For more information visit:
<http://www.wihs.org/>
 Pick up tickets at MWR Leisure Travel, AA Recreation Center, Bldg 3326, EA Recreation, Bldg E4140.
 Questions: Call 410-278-4011 or email usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

MADDEN NFL 18 Tournament

Middle Schoolers and Teens! Come out to the Youth Center to compete to be the best in Madden '18. Youth will have a chance to win exciting prizes. Eligible Parents must register with CYS for your youth to play in the tournament.



Saturday, November 10 5-9 p.m.
 Aberdeen Proving Ground Youth Center Bldg 2522
 AGES: 12-18

For more information, contact jay.a.mckinney.naf@mail.mil or call 410-278-2154.

REGISTRATION INFORMATION: By appointment only; no walk-ins. Visit the Parent Central Office, Bldg 2503 Advanced Tactics Road, Second Floor, Rooms 210/211. Office Hours are: Monday-Friday 7:30 a.m.-4 p.m. Please call (410) 278-7571/7479 to schedule an appointment.



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