Aberdeen Proving Ground









ISSUE 11-2

Paint and Sip

Friday, December 12 6 - 8 PM AA Rec Center, B3326 6432 Ashbury Street

\$15 per person 2 complimentary drinks included . Supplies and light snacks provided.

For more information contact Leisure Travel Office 410-278-4124/4011



Need a hand?

There are resources available for you if impacted by the Government Shutdown.

Army Emergency Relief - 410-278-2453 Maryland State Resources - 667-207-6520



Get out of the House









DON'T FORGET ABOUT YOUR CAR'S

Preventative Maintenance! APG AUTO CRAFTS CENTER

- Friendly, Knowledgeable, Experienced Staff
- Open to ALL Government I.D. Holders and Veterans
- General Tools and Some Specialty Tools Available

Open Saturdays & Sundays: 8 a.m.- 5 p.m.

APG North, Harford Blvd., Bldg #2379

(We're next to APGFCU, behind the Bowling Center.)

410-278-4124 / 5789 / 2621



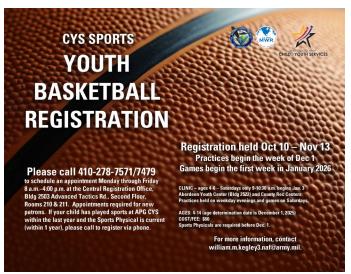
Tis the Season







Child and Youth Services











CYS FY 26 OUARTERLY PARENT ADVISORY BOARD MEETINGS

CYS has established a Parent Advisory Board (PAB) that represents all our programs. We encourage you to attend if you have a child that is currently enrolled in any childcare program we offer. Families who have a child enrolled in a full-time CYS program will receive 2 Parent Participation Points (per family) for their attendance. Please go in and request to be added to the MS teams APG Quarterly PAB Meeting.











11:30 AM - 12:30 PM Hybrid Event - Bldg 2503 Conference Room #214 in person

For more information, contact cynthia.r.chance2.naf@army.mil or call 410-278-1233.



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Family and Finances

The APG 2025 Operation Holiday Cheer Gift Program

The program will begin in November and run through mid-December. APG Tenant units are asked to nominate Soldiers with children, that would benefit from receiving supplemental holiday gifts.

The nomination form (Annex D) should be completed by each nominated Soldier and signed by the Soldiers Commander or First Sergeant.

Units are asked to forward the completed nomination forms to Army Community Service Manager no later than (NLT) 14 November 2025.





Family and Finances

Upcoming FRP Classes

11/12: Tax Preparations: This Workshop discusses the U.S. Tax System and the goals of personal tax planning. We will discuss the current tax update

11/13: Understanding Credit Cards: In this seminar we will discuss how using credit cards wisely can benefit participants as well as the risks associated with having a credit card. We will provide tips on reducing credit card debt and understanding credit reports.

11/14: Understanding your Credit Report and Scores: This seminar discusses the information found on a credit report - what it is used for and how it can affect you financially. Learn about the three major credit reporting agencies and what they do with your information Recognize which factors usually increase your credit risk in the eye of these reporting agencies

11/19: Permanent Change Of Station: A PCS assignment presents exciting opportunities but can also come with some financial challenges. This seminar increase aware ess to the financial support that is available to ser and their families who have received a new issign ent.

11/20: Financial Planning for Transition: This workshop will provide you with an understanding of how transition will affect your financial situation through discussion of income, debt, expenses, and a sets.

11/21: Financial Planning Foot To ansalion PT2: This workshop will provide you will at uncertainting of how transition will affect your mancial situation through discussion of income, debt, expenses, and assets.

11/26-11/28: Holiday Week. Happy Thanksgiving

Upcoming APG FAP Lunch & Learns

11/04- Blended Family Dynamics: Learn strategies to navigate the unique dynamics of blended families and build strong, healthy relationships. This session offers practical tips for fostering understanding, managing expectations, and creating a harmonious environment where all family members feel valued and supported.

11/11- Dos & Don'ts of Step Parenting: Discover effective approaches to step-parenting that promote positive relationships and foster a sense of belonging for all children involved. This session provides guidance on building connections, navigating boundaries, and creating a supportive and nurturing environment within the family.

11/18- Co-parenting across Households: Develop effective communication and collaboration skills to successfully coparent by as separate by use hold, prioritizing the well-being of your children. This session equips you with strategies for minimizing onfict, stablining consistent routines, and creating a supportive environment for your children's healthy development.

Series FLYER- Hold ay Harmony: A December Series for a Je stul and Balance it Season- Embrace the holiday spirit with but the street. Out "Holiday Harmony" series this December roy des practical ips for creating a joyful and balanced teas of four direction and your family. Learn how to celebrate on a budget, prioritize self-care amidst the holiday rush, and create meaningful traditions that foster connection and belonging for your children.

12/02- Budget Friendly Jonslay. Discover creative and resol ceful ways to cerebrate the hololays without breaking the bank, focusing on creating memories. This session provides practical tips for budgeting, DF decorations, and affordable gift-giving, allowing you to enjoy the season without financial stress.

12. 9- Helping Children w/ Holiday Traditions: Create joyul and man legft holida experiences for your children by earling low to day tradition to fit your family's needs are valued this session offers guidance on engaging children in holiday preparations, managing expectations, and fostering a sense of connection and belonging during the festive season.

12/16- Holiday Self-Care: Holiday Self-Care: Prioritize your well-being during the busy holiday season by learning effective self-care strategies to manage stress and maintain a sense of balance. This session offers practical tips for relaxation, mindfulness, and setting boundaries, ensuring you enjoy the holidays feeling refreshed and rejuvenated.

Link for ALL trainings: https://dod.teams.microsoft.us/l/meetup-join/19%3adod%