#### Aberdeen Proving Ground Note Proving Ground Note





## **Tell Me A Story**

Sponsored by the Military Child Education Coalition (MCEC) Wednesday, April 25 6-8 p.m. AA Recreation Center Ballroom, Bldg 3330

aberdeen.armymwr.com

This special event will show Military parents and children



how to use literature to make connections and find support. The book *Odd Velvet* will be read by members of the **Baltimore Ravens Cheerleaders** and tells the story of Velvet, a girl who likes milkweed pods instead of dolls; who wins the art contest using only an eight-pack of crayons, and one, who many would label as "Odd".

Her differences teach her classmates to appreciate their own unique qualities. Following the book reading, MG Cedric Wins, RDECOM Commanding General, will discuss the importance of kindness, diversity, and appreciating each other's differences. Eventbrite registration begins Monday, April 2 to Active Duty, Wounded Soldiers, and SOS families only. Monday, April 9 opens to all DoD ID cardholder family members. Book is available to the first 60 families (1 per household).

AGES: All ages are welcome (targeted ages: 4-12). COST: FREE

### **Register through Eventbrite**

https://www.eventbrite.com/e/apg-month-of-the-militarychild-tell-me-a-story-odd-velvet-tickets-43931775122

"Advertisement does not imply or actually constitute an endorsement of the U.S. Army, Federal Government, or Department of Defense."

For more information, contact Shirelle Womack at shirelle.j.womack.naf@mail.mil or call 410-278-4589.

## Look What's Happening!



### **New York City Bus Trips**

Transportation to New York City, (theater district) you are free to schedule your own activitiessightseeing, shopping, or taking in a show, and safe return to APG, MD. \$51 per person June 16, 2018 September 15, 2018 December 1, 2018 Departure: APG Recreation Center 7 a.m. Return: APG Recreation Center 9 p.m. (time may vary depending on traffic) To reserve your seat, visit MWR Leisure Travel Services at the AA Recreation Center, BLDG 3326. Ouestions call 410-278-4011/4907 or email us at:

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"Like" us on Facebook www.facebook.com/APGMWR?ref=hl

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You www.youtube.com/user/APGFMWR/videos

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**On Your Feet Tickets** 

usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

at the Hippodrome Sunday, June 10, 6:30 p.m. \$39 middle balcony seating (While supplies last) For questions call 410-278-4011/4907

Civilian Welfare Fund Sponsored



Membership Signups Tuesday, April 24 11 a.m.-1 p.m. Exton Golf Course, Bldg E1260, Wise Road Wednesday, April 25 11 a.m.-1 p.m. APG Bowling Center, Bldg 2342 – party room

New and renewal memberships accepted. Gold Star Memberships are \$60 and receive a \$10 Cash Card. Executive Memberships are an additional \$60 and receive a \$20 Cash Card. Memberships include a free household card for a spouse or family member. New signups receive a free promotional item.

For more info on Membership Signups contact Patricia Harkins 410-436-4467

NO FEDERAL ENDORSEMENT IMPLIED.



### **Breaking the Debt Cycle**

April 19, 2018 11:30 a.m. - 12:30 p.m. ACS Building 2503

#### Get Out of Debt, Stay Out of Debt

If debt is dragging you down, take control of debt before it takes over your life. Do you know how much you owe? Have you figured your own "safe" credit limit? Do you know what percentage of your total credit limit is safe to charge? Do you know the warning signs that you may have too much debt.

### For more information contact Leary Henry leary.g.henry.civ@mail.mil 410-278-2453

### **Resilience in the Face of Tragedy**

Tuesday, April 24 11 a.m. - 1 p.m. AA Recreation Center, Bldg 3326

APG welcomes Mr. William Kellibrew, a "Champion of Change". Surviving childhood trauma, sexual abuse, neglect, bullying and homicide, Mr. Kellibrew sparked a global movement to support survivors on their journey of healing. Join us as we hear the story as it was told on Oprah of the dysfunctions of his childhood and how it shaped him into the man, advocate and leader he is today.

For more information or to register, contact Antoinetta Saunders-Gauth: Phone: 410-278-7478 or antoinetta.m.saunders-gauth.civ@mail.mil

### Applying for Federal Employment Workshop

### 9 a.m. - 1 p.m. ACS Bldg. 2503 High Point Rd 2018 DATES: May 16, Aug 15, Oct 17

Looking for the perfect Federal Job? Come join us and learn the 10 steps toward Federal Employment. Online registration is limited to 25 participants.

#### **ONLINE REGISTRATION REQIURED:**

- Go to: https://mwejobs.maryland.gov
- Create a User Account
- Go to Events Calendar (on the left hand side)
- Move forward to Wednesday, May 16, 2018
- Click on "APG How to Apply for Federal Jobs" (NOTE: follow same steps for other dates)
- Click on "Register"

### Start & Revitalize Your Career Today!

11 a.m. - 1:30 p.m. ACS, Bldg. 2503 High Point Rd 2018 CLASS DATES: Apr 18, Jul 18, Oct 24

Whether you are starting a new career or need a boost in your current career, this workshop offers you the following:

- Set a career path that defines you
- Create strategies to move your career to the next level
- Set S.M.A.R.T. goals that work (Specific, Measurable, Attainable, Realistic Time bound)
- **Be the job applicant that stands out.** In partnership with APG Federal Credit Union.

### Stress Management Lunch n' Learn

Wednesday, May 2 11 a.m. - 12:30 p.m. Bldg 2503, 2nd floor

Are you having a hard time managing your stress? Want to learn techniques which could improve overall health by managing your stress? Attend the Stress Management training to learn how to properly manage stressful situations which could improve your overall physical and mental health.

For more information or to register, contact Antoinetta Saunders-Gauth: Phone: 410-278-7478 or antoinetta.m.saunders-gauth.civ@mail.mil

### How To Smart Start Your Small Business

2018 Dates: Jul 11, Oct 10 11:30 a.m. - 1 p.m. Location: ACS Bldg 2503, 2nd floor Cost: Free!\*

This class provides an overview of the ways to smart start a business, the skills and duties of a successful entrepreneur, and how to write a business plan. Open to the public. Seating is limited.

\* To reserve your seat for this FREE class, please contact

Michael Farlow, at 410-278-2435 or michael.b.farlow.civ@mail.mil In partnership with the Garrity Group.



# **Child & Youth Services**



### Young Lives Big Stories Contest April 1-30

The Young Lives, Big Stories contest gives Army youth the chance to tell their story about what it means to be a military kid. This annual contest runs each year during April, the Month of the Military Child (MOMC).

Find out more about the contest and how to enter at: <u>www.armymwr.com/momc</u>





## STRONG COMMUNITIES STRENGTHEN FAMILIES



BE INFORMED Stay a step ahead, build your parenting skills. BE ATTENTIVE Consistent care and supervision help kids thrive. BE SUPPORTIVE Caring words and small actions make a big difference.

Help prevent child abuse. If you are concerned about a military child, calls

Your installation Family Advocacy Program

Local Child Protective Services or Child Abuse and Neglect reporting line

Childhelp National Child Abuse Hotline: 800-422-4453

Military OneSource: 800-342-9647







## **Child & Youth Services**

### Temporary change in Parent & Outreach Services Office Operating Hours

Office will be open for services Monday through Thursday, from 7 a.m. until 4 p.m. with the last walk-in or appointment at 3:30 p.m. Every Friday we will be open from 7 a.m. until 4 p.m. by appointment only. Last appointment will be received at 3:30 p.m.

Please call 410-278-7175/7479 to schedule your appointment. Walk-ins are welcome Monday through Thursday but appointments have priority and are highly encouraged to save on waiting time.

### Job vs. Career Class for Teens

Wednesday, June 27, 2018 11:30 a.m. – 1:30 p.m. ACS Bldg 2503, High Point Road Ages: 13 – 18 yrs

Join us for this fun filled session! Learn the benefits of having a career and not just a job. This session will help you learn skills to achieve your own employment success!

To reserve your seat for this FREE class, please contact **Michael Farlow, at (410)278-2435 or michael.b.farlow.civ@mail.mil** In partnership with APG Federal Credit Union

### **Domestic Violence Helpline**

410-652-6048 Available around the clock, every day of the year, for victims of domestic violence. http://www.apgmwr.com/community-services/army-community-services/



Click for Interactive Customer Evaluation

### Aberdeen Area Youth Center Middle School & Teen Open Recreation Program

Ages: 12-18 yrs Location: APG Youth Center Bldg 2522

### Fridays 6-9 p.m. and the 2nd and 4th Saturday of every month from 4-9 p.m.

Aberdeen Area Youth Center provides open recreation programming for Middle School and Teens every Friday from 6 to 9 p.m. and every 2nd and 4th Saturday of the Month. Middle school teens can enjoy pickup basketball, cooking club, internet connected computer lab, free Wi-Fi, interactive gaming and so much more.

### For more information, contact jay.a.mckinney.naf@mail.mil or call 410-278-2154.

#### **REGISTRATION INFORMATION:**

Visit the Parent Central Office, Bldg 2503 Advanced Tactics Road, Second Floor, Rooms 210/211. Office Hours are: Monday-Thursday 7 a.m.-5 p.m. and Friday (by appointment only) 8 a.m.-4 p.m. Please call 410-278-7571/7479 to schedule an appointment. Walk-ins welcome but appointments will have priority.

### Morgan State Campus Tour Saturday, April 28

Aberdeen Youth Center will be going on a college tour and information session at MORGAN STATE UNIVERSITY. This is for high school students only. Morgan State University, a coeducational institution, is located in a residential section of Baltimore, MD. The campus covers an area of more than 143 acres. The University offers a comprehensive range of academic programs through the doctorate. Morgan is also a founding member of the Mid-Eastern Athletic Conference (MEAC).FREE!!!

(First come, first serve; must be registered with CYS)

For more information, contact jay.a.mckinney.naf@mail.mil or call 410-278-2154.

## **Golf Events**



### **FAMILY NIGHTS**

SATURDAYS - 2 p.m. - Dark Come enjoy and night with the family at Exton Golf Course. Children under 15 play free with paying adult.

### **ALL ACTIVE DUTY:** 9 holes with cart - \$10

18 holes with cart - \$15

Free Adult club rentals available (limited supply)

AUTHORIZED PATRONS AND GUESTS: 9 holes with cart - \$15 18 holes with cart - \$25

### **Get Golf Ready**

April 10 - May 14 Ruggles Golf Course Tue, Apr 10—May 8: 5:30 – 7 p.m. Thu, Apr 12—May 10 at 5:30 – 7 p.m. Sat, Apr 14—May 12 at 11 a.m. – 12:30 p.m.

> Authorized Rate: \$105 Guest Rate: \$130

For more information please contact Dave Correll, david.d.correll2.naf@mail.mil 410-278-4794



### Exton Spring Scramble 18 Hole Shotgun April 21, 2018 9 a.m. Pre-registration at Exton clubhouse

Fees: \$30 annual patron \$35 authorized patron \$40 as guest

For more information call 410-436-2213



