

Aberdeen Proving Ground



# InDemand e-Newsletter

ISSUE 11-2



## **CYS SPORTS YOUTH BASKETBALL**



**Registration held Oct 15–Nov 15.  
Practices begin the week of Dec 1.**

Games begin the first week in January.

Youth Basketball ages 4-14.

Clinic: ages 4-6 – Saturdays only, 9 a.m.-10:30 a.m.  
(6 weeks) begins Jan. 4, 2025.

Aberdeen Youth Center & County Rec Centers  
League - Practices held on weekday evenings and games on  
Saturdays. AGES: 4-14 (Age determination date is Dec 1, 2024)  
FEE: \$60

***Sports Physicals are required before Dec. 1.  
For more information, contact***

<https://aberdeen.armymwr.com/>

# Something for Everyone



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[www.youtube.com/user/APGMWR/videos](https://www.youtube.com/user/APGMWR/videos)

## First APG Quarterly Lunch

**November 13**  
**11 am - 1:30 pm**  
 Come get a head start on Thanksgiving Holiday at the **Top of the Bay, Bldg. 30**  
**\$15 for To-Go or open seating dine in.**

**MENU:**  
 Ham, Turkey, Mashed Potatoes and Gravy, Mac & Cheese, Corn, Green Beans, Collard Greens, Cranberry Sauce, Fresh Rolls, Dessert and Beverage (Sweet tea, lemonade, water)

For parties 6 or more please call 410-278-5915 Tuesday through Thursday 08:00-15:00 and make a reservation to guarantee a seat.  
 Future lunches will be announced each quarter.



# New York City Bus Trip

**December 7, 2024**

**NYC, 8th Ave and 48th Street**

Depart AA Recreation Center: 7:00 am

Return AA Recreation Center: 9:00 pm

6432 Ashbury Street, Bldg 3326

Cost: \$75.00 per person

Experience New York City's  
 Holiday lights and displays!



No refunds. All sales are final.

To purchase your ticket or for questions stop in the  
 AA Recreation Center, Bldg 3326  
 or Call 410-278-4011/4124 or email:

[usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@army.mil](mailto:usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@army.mil)

# Don't miss this

## Fall Special

SEPTEMBER 9 - NOVEMBER 30  
MONDAY AND TUESDAYS AFTER 2PM ONLY  
EXCLUDES HOLIDAYS

FOR MORE INFORMATION CALL  
THE PROSHOP AT 410-278-4794

**RUGGLES**  
18 holes  
with cart  
**\$40**

## BUY A BUCKET, GET A BUCKET!

**NEW**  
**BUY 1**  
**GET 1**  
**FREE**

*Bucket Special*

Please drink responsibly

**RUGGLES**

# MIXEDFIT

## Dance Fitness Class

**\$30 for 8 consecutive classes**

<p>Tuesday, 11:30-12:30 September 17 - November 5</p> <p><b>EA Hoyle Gym</b> <small>For more info or to sign up call 410-278-4011/4124</small></p>	<p>Wednesday, 11:30-12:30 August 21- October 9</p> <p><b>AA Athletic Center</b> <small>For more info or to sign up call 410-278-4011/4124</small></p>
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Cardio Dance Fitness Program,  
Bodyweight Training, Explosive Dance  
Movements, For all Fitness levels

## Spin Class

*Interval Spin Class with weights*

Wednesdays, beginning July 17, 2024  
Time: 1130-1230 Hoyle Gym, E4210  
**\$30 for 8 consecutive classes.**

**Pre-registration required!**  
**Call 410-278-4011/4124**

# Yoga Class

Beginning July 17  
4:45pm-5:45pm

**AA Recreation Center, 6432 Ashbury Street, Bldg 3326**

**\$40 for 8 consecutive classes every Wednesday**  
Pre-registration required 410-278-4011/4124 or contact  
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@army.mil

## Bowling Leagues Now Forming

**Tuesday Night**  
Adult Mixed League  
starting September 17

**Friday Night**  
Adult Mixed League  
starting September 6

**Saturday Morning**  
Youth League  
starting September 7

**Join one Today!**



## Family and Finances

### Upcoming FRP Classes

**11/13 Tax Preparations:** This Workshop discusses the U.S. Tax System and the goals of personal tax planning. We will discuss the current tax updates.

**11/14: Emergency Financial Preparedness:** This seminar provides learners with knowledge that can help them identify the information and resources they need to be physically and financially ready for an emergency or natural disaster.

**11/15: Paying Off Student Loans:** Learn tips and tools to help you find ways to offset the cost of college! This seminar will discuss different types of educational benefits for the military and financial aid for you and your children, including scholarship opportunities and college savings plans.

**11/20: PCS:** A PCS assignment presents exciting opportunities but can also come with some financial challenges. This seminar increases awareness to the financial support that is available to service members and their families who have received a new assignment.

**11/21: Financial Planning for Transition:** This workshop will provide you with an understanding of how transition will affect your financial situation through discussion of income, debt, expenses, and assets.

**11/22: Financial Planning for Transition:** This workshop will provide you with an understanding of how transition will affect your financial situation through discussion of income, debt, expenses, and assets.

**11/27-11/29: Holiday Week - Happy Thanksgiving**

**Banking Essentials**

**Dec 4, 2024**  
12 - 1 pm via MS Teams

This seminar explains how to choose financial services and institutions to meet your needs. Basic information on banking and checking accounts and other financial services will be provided.

Registration is not required.  
For virtual meeting link and instructions visit:  
<https://aberdeen.armymwr.com/programs/financial-readiness-program>  
For more information call: 410-278-2453.

**PAYING OFF STUDENT LOANS**

**Nov 15, 2024**  
12 - 1 pm  
via MS Teams

Learn tips and tools to help you find ways to offset the cost of college! This seminar will discuss different types of educational benefits for the military and financial aid for you and your children, including scholarship opportunities and college savings plans.

Registration is not required.  
For virtual meeting link and instructions visit:  
<https://aberdeen.armymwr.com/programs/financial-readiness-program>  
For more information call: 410-278-2453.

**Permanent Change of Station**

**Nov 20, 2024**  
12 - 1 pm  
via MS Teams

A PCS assignment presents exciting opportunities but can also come with some financial challenges. This seminar increases awareness to the financial support that is available to service members and their families who have received a new assignment.

Registration is not required.  
For virtual meeting link and instructions visit:  
<https://aberdeen.armymwr.com/programs/financial-readiness-program>  
For more information call: 410-278-2453.

**Financial Planning for Transition**

*What's your plan?*

**PT 1 Nov 21, 2024**  
**PT 2 Nov 22, 2024**  
12 - 1 pm via MS Teams

This workshop will provide you with an understanding of how transition will affect your financial situation through discussion of income, debt, expenses, and assets.

Registration is not required.  
For virtual meeting link and instructions visit:  
<https://aberdeen.armymwr.com/programs/financial-readiness-program>  
For more information call: 410-278-2453.