

Aberdeen Proving Ground



InDemand e-Newsletter

ISSUE 1-3

We're here for you.

Many of our facilities and programs are up and running for your convenience.

AA Athletic Center - Open for Active Duty Only

EA Hoyle Gym - Open for Active Duty Only

AA Rec Center - Open by appointment only

Outdoor Rec/Rentals - Open but call ahead

Bowling - OPEN

Top of the Bay - Opening soon.



[Click to Make A
Customer Evalua-](#)



Top of the Bay Will Have Valentine Day Meal Kits!

\$35 Meal kit for 2 with your choice of menu:

Petite Steak with red skin mashed potatoes
and roasted garlic green beans.

OR

Lemon & herb chicken with Brussels sprouts
and pesto blistered tomatoes.

All meals come with sparkling water and chocolate covered strawberries.

All orders and payments will be taken over the phone. Pick up day will
be on Feb 12, from 10 a.m. until 4 p.m. Guests will pull in front of the
building and employee will bring their order to the car.

Call for more information. 410-278-3062

Brewner Lanes features:

- 12-lane facility with automated scoring
- Strike Force Cafe, a full-service snack bar with lunchtime specials.
- Eat in or carry out. Catering services are available.
- Electronic (automatic) Bumper Bowling and Dino Ramps for children.
- Open Bowling
- League Bowling

The Bowling Center has eight 65-inch TVs and five 82-inch TVs and
they now offer the Sports & Entertainment Package on the televisions!

COVID-19 Safety Measures are in place for everyone to enjoy a safe environment!

Super Bowl Watch Event
February 7, 2021
Brewner Lanes Bldg 2342

Doors open 5:30pm - Kickoff approximately 6:30pm
To comply with Installation and COVID Policy on limited gatherings, only 50 tickets will be sold for this event.
Ticket sales end 4pm February 2nd.

Food and Beverage Specials

Ticket price - \$30 -
Includes entrance to the viewing of the game, individual meal from the Strike Force Cafe, one free game of bowling with shoes and your name entered into Door Prize Drawing. (must be present to win)

Prize List:
40" Hisense Roku TV - Full HD Smart TV, Altec Mini Lifejacket Jolt Bluetooth Speaker (waterproof), Oil Change from Melvins Tire, MWR Gift Basket, Football, Rounds of Golf from the Courses at APG, Games of Bowling from Brewner Lanes.

Prizes are subject to change or removal based on ticket sales.

For more information or to purchase tickets, contact Richard Burdette at 410 278-4041

THE COURSES AT ABERDEEN PROVING GROUND



RUGGLES

- 18-Hole Championship Golf Course
- Area's Largest Natural Grass Driving Range
- 5 Sets of Tee Boxes for All Skill Levels
- Located Outside the Gate - No Gate Access Required

410-278-4794



EXTON GOLF COURSE

- 9-Hole Regulation Golf Course
- Friendly for Beginners...and Families!
- Short Game Practice Area
- Bunker Practice and Putting Green

410-436-2213

For information on membership or booking your tournament, call 410-278-4794 or 410-436-2213.

aberdeen.armymwr.com



Easter Dinner To-Go from Top of the Bay

Place orders between March 1, 8 a.m. and March 29, at Noon. Offering a Holiday ham, side and dessert for Easter. Options will be Holiday ham, mashed potatoes, sweet potato casserole, bacon wrapped asparagus, roasted carrots, strawberry short cake.

All orders and payments will be taken over the phone. Call 410-278-2552 to place your order. Pick up day will be April 2, 10 a.m. - 4 p.m., Pull up in front of the building and a Top of the Bay employee will bring your order out to your car. Easter Eggs with candy will be given with every kids meal ordered.



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Community

FAP Classes

**Child Abuse/Neglect classes are provided every Friday 9 a.m. & 5 p.m. on MS Teams starting Jan. 8, 2021.

January 2021:

15: Stress Management-11 a.m.– Noon

Class on managing stressful situations which could improve your overall physical and mental health through awareness, self-care and putting a plan into action.

22: Domestic Violence 101 for Civilians-11 a.m.– Noon

Class which addresses the definition of domestic violence, red flags, patterns of abuse, power and control wheel, cycle of violence and available resources.

February 2021:

5: Effects of DV on Children-11 a.m.– Noon

Informational session on the psychological and physical effects children who witness domestic physical experience.

12: Domestic Violence 101 - 11 a.m.-Noon

(Civilians & Contractors)

26: Healthy Relationships-11 a.m.-Noon

(Couples encouraged to attend)

Class which promotes effective communication to assist couples in overcoming unhealthy communication.

March 2021:

5: Stress Management-11 a.m.-Noon

12: Protective Order Process-11 a.m.-Noon

26: Healthy Relationships-11 a.m.- Noon

(Couples encouraged to attend)

Virtual Workshop:

Developing Your Spending Plan

Jan 14 2021, 11:30 am - 12:30 pm
via Microsoft Teams

Cost: Free

This workshop will help you learn to make and follow a spend plan through using a financial planning worksheet and includes tips to manage spending, create a budget and set SMART financial goals.

Please sign-in using the MS Teams link below, at least 5 minutes prior to the start time.

Registration is not required. If you are not already an MS Teams member, you will need to download Microsoft Teams (MT) and join from a browser. Click [HERE](#) for link

2021 Virtual Run to Honor

Details coming soon.

