Aberdeen Proving Ground

InDemand e-Newsletter

ISSUE 11-1

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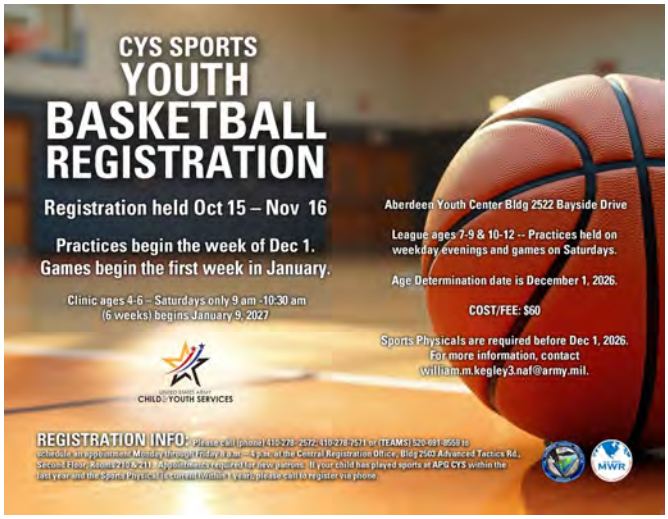
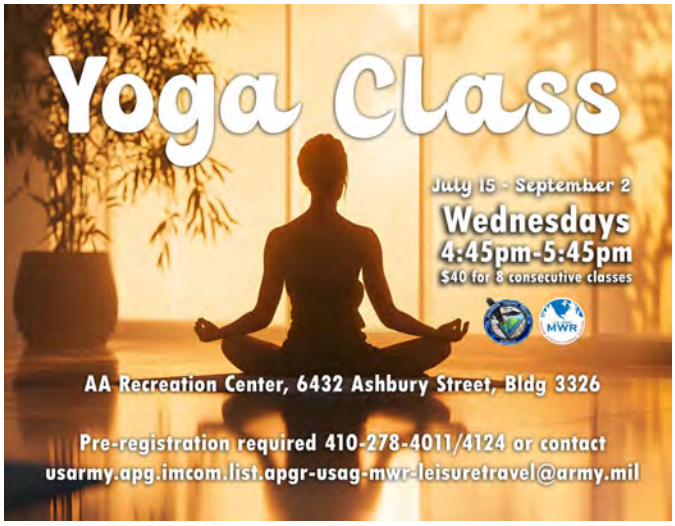
Don’t miss this





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Family and Finances

Upcoming FRP Classes

11/04: **Exploring Digital Assets:** This seminar will discuss what Cryptocurrency is and what you should know before investing.

11/05: **Medicare Medicaid and the Marketplace:** This seminar will help you understand the Medicare basics, the different coverage options, enrollment and more. Helpful resources and tools will be provided. and with this information you will be able to make confident Medicare decisions.

11/06: **Tricare Open Season:** Join us for an overview of Tricare and other related benefits with our Health Benefits Advisor from Kirk U.S. Army Health Clinic. Topics will include: Eligibility Enrollment & Beneficiary Categories, Program Options, Priority Access to Military Facilities, Pharmacy & Dental Program Options, Transitional Coverage, Costs and Contact Information.

11/11: **Tax Preparations:** This Workshop discusses the U.S. Tax System and the goals of personal tax planning. We will discuss the current tax update

11/12: **Strategies for Successful Savings:** Join us to explore a variety of options to reduce the amount of money you spend in an effort to cover your priority expenses and reach your goals. You will learn how to determine your current spending habits, identify your ideal spending plan, and walk away with a variety of suggestions to consider as you look to reduce spending in lower priority categories.

11/13: **Psychology of Spending:** Spending habits can be influenced by a variety of factors, both internal and external. When it comes to budgeting and spending, it's important to not only determine the what, but the why and how. Join us to learn more about the psychology of spending and how to use this awareness to ensure your spending habits align with your goals

11/18: **Permanent Change of Station:** A PCS assignment presents exciting opportunities but can also come with some financial challenges. This seminar increases awareness to the financial support that is available to service members and their families who have received a new assignment.

11/19: **Financial Planning for Transition PT1:** This workshop will provide you with an understanding of how transition will affect your financial situation through discussion of income, debt, expenses, and assets.

11/20: **Financial Planning For Transition PT2:** This workshop will provide you with an understanding of how transition will affect your financial situation through discussion of income, debt, expenses, and assets.