

Aberdeen Proving Ground



InDemand e-Newsletter

ISSUE 2-3

MONSTER JAM
TRIPLE THREAT SERIES

Monster Jam Triple Threat Series
Royal Farms Arena, 201W Baltimore Street, Baltimore, MD 21201

Fees: Ages 2+- \$25.50 (limit 10 per ID) Pit Party: \$15.50
Friday, February 28, 7:00pm... Saturday, February 29, 1:00 pm... Saturday, February 29, 7:00 pm... Sunday, March 1, 7:00 PM..

The Monster Jam Pit Party provides unprecedented access to the Monster Jam Trucks and Drivers. This unique experience in the world of motorsports gives you access to see the trucks up close, take pictures, meet the drivers and get their autographs. The Monster Jam Pit Party takes place on Saturday, March 2 and Sunday, March 3 from 10:30AM-12:00PM (must accompany corresponding IPM event ticket)



Purchase tickets visit MWR Leisure Travel Services, AA Recreation Center, Bldg 3326 or EA Recreation Center Bldg 4140.
For questions call 410-278-4011/4907 or email: usarmy.APG.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil
For more information visit www.royalfarmsarena.com

The National Cherry Blossom Festival
Bus Trip, Washington, DC
April 4

The National Cherry Blossom Festival is an annual two-week event that celebrates springtime in Washington, DC as well as the 1912 gift of 3,000 cherry blossom trees from Mayor of Tokyo to the city of Washington, DC. The gift and annual celebration honor the lasting friendship between the United States and Japan. Over the years, millions have participated in the annual event that heralds spring in the nation's capital.

Reserve your seats! \$43 (all Ages)
Registration Deadline: March 20, 2020

Departure: Recreation Center at 7:30 AM
Return: Recreation Center at 7:30 PM

To reserve your seat call 410-278-4011 or visit the MWR Leisure Travel Office in the Recreation Center (BLDG 3326).
Questions? Please call 410-278-4011/4907, or email us at: usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil



Family Fun

PENNY CARNIVAL
AA REC CENTER, BLDG 3326

WINTER FAMILY FUN DAY

VOLUNTEERS NEEDED

Adult and youth volunteers are needed for the Winter Family Fun Day Penny Carnival at the AA Rec Center.

Looking for assistance with:
Set up: Friday Feb 29 between 9:00 a.m. and 6:00 p.m.
Set up: Saturday Feb 29 before the event from 8:30 – 10:30 a.m.

Event: Saturday Feb 29 from 11:00 a.m. to 3:00 p.m. Running games and craft activities. All games and activities are aimed toward children school aged and younger, but are fun for all ages. Responsibilities will include collecting pennies from each participant to play and handing out prizes.

Clean up: Saturday Feb 29 from 3:00 – 4:00 p.m.

A volunteer meeting will be held Tuesday Feb 25th at 6pm in the Bowling Center meeting room on APG to further discuss roles and duties.

If interested, please contact Tonya Froisland at 410-306-4522 or tonya.m.froisland.naf@mail.mil




BOSS Winterfest Movie
APG Post Theater
Disney FROZEN II
Feb 29 at 3 PM

For more information contact Lyndsey Moore
lyndsey.s.moore.naf@mail.mil
410-278-2432



FEBRUARY 29 PENNY CARNIVAL 11AM - 3PM
AA REC CENTER, BLDG 3326

WINTER FAMILY FUN DAY



Step Right Up and Be Amazed! **LEAP DAY** happens only once every four years! So save your pennies and join us for a Penny Carnival. We will celebrate **LEAP DAY** with an afternoon of Family Fun filled with Carnival Games, Prizes, Crafts, Special Guests, Story Time, Dancing, Music, Movies, Magic, Face Painters, Balloon Artists, Bounce Houses, Sensory (quiet) Room, Photo Booth and so much more!

Entry \$1 per person Activities 1¢ each.
Schedule of events TBA on website and social media.
Food will be available for purchase at First Sergeants BBQ.

For more informatino contact
Tonya Froisland
tonya.m.froisland.naf@mail.mil
410-306-4522



More Fun Stuff

BOSS and Outdoor Recreation Easter Egg Hunt

April 11, 2020
9:00AM - 12:00PM

Shore Park Campground

Come out and enjoy a great Easter egg hunt with Outdoor Recreation and Boss. We will have 3 age specific Easter egg hunts, pictures with the Easter Bunny at Shore Park Cabins, face painting, a bunny chase and moon bounces.

\$5 per participant Includes:

- Easter egg hunt
- Picture with the Easter Bunny
- Bunny chase
- Entrance to Moon Bounce area



For questions contact Karyssa Wilczek & Taylor Raines
karyssa.d.wilczek.naf@mail.mil
410-278-4124

2020 TRAVEL FAIR AND SPRING BAZAAR

March 11, 2020
10:00 a.m. - 2:00 p.m.
APG Recreation Center,
6432 Ashbury Street
Building 3326

The Annual Travel Fair is the perfect forum to find new destinations to explore. There will be vendor displays with give-a-ways to information to travel destinations and attractions in the northeast region. This very popular event will be combined with a Spring Bazaar where vendors will be offering a wide range of items, including home décor, jewelry, art work, gift items, and much more. Come join us for a chance to win a 32" Smart TV, popular attraction tickets and memberships, hotel and resort stays, souvenirs, etc.

For more detailed information please visit MWR Leisure Travel Services at AA Recreation Center, BLDG 3326. Questions? Call 410-278-4011 or email us at usarmy.apg.incom.list.apgr-usag-mwr-leisuretravel@mail.mil





Child and Youth



2020 CYS QUARTERLY PARENT ADVISORY BOARD MEETINGS

- Wed, Feb 26, 2020 - Bldg 2503, CYS Admin.
- Wed, May 27, 2020 - Bldg E1902, EA YS
- Wed, Aug 26, 2020 - Bldg 2503, CYS Admin.
- Wed, Nov 18, 2020 - Bldg E1902, EA YS

11:30 a.m. – 12:30 p.m. *Feel free to bring your lunch!*

CYS has established a Parent Advisory Board (PAB) that represents all of our programs. We encourage you to attend if you have a child that is currently enrolled in any program that we offer. Any CYS family who has a child enrolled in a full time CYS program will receive 2 Parent Participation Points for their attendance. Patrons are free to bring their own lunch if desired.

For more information, contact:
JoAnne Gatto: 410-278-2572 or joanne.m.gatto.naf@mail.mil



NFL Flag Football League for Boys and Girls

Ages 5-16
Registration held Feb 3- Mar 10.
Practices and team meetings begin the week of Apr 1.
Practices are held weekdays and games are held Fri nights & Sat mornings.

APG CYS Flag Football/Soccer field, behind Bldg 2521 (Bayside Drive)
Practice and Games TBA

Leagues: Coed
Ages 5-8
Ages 9-12
Ages 13-16
Age Determination Date: Apr 1, 2020

COST/FEE: \$50

Volunteer Coaches needed. Sports Physicals are required to play before Apr 1st. For more information, contact william.m.kegley3.naf@mail.mil or call 410-306-2297.

REGISTRATION INFORMATION: Visit the Parent Central Office, Bldg 2503 Advanced Tactics Rd., Second Floor. Office Hours are:
Monday – Thursday 7:30 a.m. – 5 p.m. (appointments and walk-ins);
Friday 7:30 a.m.–4 p.m. (appointments only).
Please call 410-278-2571/7479/1233 to schedule an appointment.

AA YS OPEN RECREATION PRESENTS: PAINT NIGHT WITH PARENTS

Friday, April 24
6:30-9 p.m.
Aberdeen Youth Center, Bldg 2522 Bayside Drive

For the Month of the Military Child, the AA Youth Center Middle School/Teen Open Recreation will conduct a Paint Night with Parents. Come out and learn how to paint like a pro. All supplies will be provided by the AA Youth Center in conjunction with Teen Resilience.

FREE!!
Participants must be currently enrolled in the Child & Youth Services Middle School/Teen Open Recreation activity to participate.

Resiliency Training will be conducted prior to the Paint Night event. Refreshments will be served.

For more information contact Jay McKinney at jayamckinney.naf@mail.mil or 410-278-2154/4995.

ABERDEEN YOUTH CENTER MARCH MAYHEM 3-ON-3 BASKETBALL TOURNAMENT

The Youth center will conduct a 3-on-3 youth basketball tournament. So tighten up your shoelaces and let's play ball!

Friday, March 6
APG Youth Center Bldg 2522
6:30-9:00p.m.
AGES: Youth 12-18

For more information, contact jay.a.mckinney.naf@mail.mil or call 410-278-2154.

Eligible Parents must register with CYS for your youth to play in the tournament.

REGISTRATION INFORMATION:
Visit the Parent Central Office, Bldg 2503 Advanced Tactics Rd., Second Floor. Office Hours are Monday-Thursday 7:30 a.m.-5:00 p.m. (walk-ins and appointments); Friday 7:30 a.m.-4 p.m. (appointments only). Please call 410-278-2571/7479/1233 to schedule an appointment.

Aberdeen Proving Ground Summer Camp Program

It's that time of year again!
It's time to start making summer camp plans for your child/ youth!

The Child and Youth Services (CYS) at Aberdeen Proving Ground (APG) offer Active Duty Military, DoD Civilians, and DoD Contractors a comprehensive set of programs to assist with summer child care needs.

Both the Aberdeen and Edgewood Summer Camp Program consist of ten weeks, starting from June 22 to August 30, 2020 Monday-Friday, 6 a.m.–4 p.m. The program is open to qualifying children completing Kindergarten through 8th grades. Tuition fees per week are based on the child's age and total family income.

The wait list will be available on MilitaryChildCare.com on Tuesday, February 18, 2020 at 7:30 a.m. Parents will have to create an account containing information about their family and submit requests for care for each week that summer care is needed.

For questions or further information, call the APG MWR CYS Parent Central Registration Office at (410) 278-1233/7571 or 7479.



Child and Youth



CYS Spring Sports Registration

February 3 – February 28 at CYS Central Registration Bldg 2503 Advanced Tactics Rd
 7:30 a.m.-5 p.m. Monday through Thursday (appointments and walk-ins);
 and 7:30 a.m.-4 p.m. Fridays (appointments only).
 Call 410-278-7571/7479/1233 to schedule your appointment.

BASKETBALL - START SMART / \$25 ages 3-5 years (age as of March 16, 2020) Aberdeen Youth Center - Mondays 5:30-6:30 p.m. (begins Mar 16)	BASEBALL / \$50 ages 6-10 (age as of Apr 30, 2020) (begins week of Apr 1)
GIRLS SOFTBALL / \$50 ages 9-10, 11-13 & 14-18 (need 10 per age group) (age as of Sep 1, 2019) (begins week of Mar 16)	FLAG FOOTBALL / \$50 ages 5-16 (age as of Apr 1, 2020) (begins week of Apr 1)
T-BALL / \$50 ages 4-5 (age as of Apr 30, 2020) (begins week of Apr 1)	CHEERLEADING / \$50 ages 5-15 (age as of Apr 1, 2020) (begins week of Apr 1)

Sports Physicals are required in order to participate by the player's first practice or child will not be able to participate. No refunds. Coaches are needed to have a successful program! Contact 410-306-2297 to begin your background check process.



CYS MIDDLE SCHOOL/TEEN OPEN RECREATION RESILIENCY SKILL TRAINING & SNOW TUBING

February 29 9 a.m. - 4 p.m.

The Aberdeen Youth center is going to Avalanche Express snow tubing at Heritage Hills in York, PA. Before we go snow tubing, youth will participate in a one-hour Resiliency Skill Training. Eligible parents must register with CYS for your youth to be transported with bus, and complete a permission slip and waiver form for the snow tubing event. Spaces are limited to the first 10 youth. Permission slip and waiver needs to be turned in by Friday, February 21.

Avalanche Xpress is a winter sport. We recommend warm clothing that is water-resistant. Snow pants, boots, jackets, hat and gloves are recommended. The snow can be slushy.

Once you have signed up and registered your youth, you must fill out the waiver form at this web address:
<https://heritagehills.org/waiver.com/waivers?show=0&WaterIdentity>

For more information, contact jay.a.mckinnoy.naf@mail.mil or call 410-278-2154/4995.

REGISTRATION INFORMATION: Visit the Parent Central Office, Bldg 2503 Highpoint Road, Second Floor, Rooms 210/211. Office Hours are: Monday-Thursday 7:30 a.m.-5 p.m. (appointments and walk-ins) and Friday 8 a.m.-4 p.m. (appointments only). Please call (410) 278-7571/7479/1233 to schedule an appointment.



Don't Miss This



March 17 Exton Golf Clubhouse 11 a.m.-1 p.m.
March 18 APG Bowling Center 11 a.m.-1 p.m.

The cost for Inner Circle membership renewal is \$40 for 13 months, a \$15 savings off of the \$55 in-store fee and \$80 for rewards renewals for 13 months, a \$30 savings from the \$110 in-store fee. New Inner Circle memberships are \$25 for 12 months and new Rewards Memberships are \$50 for 12 months. All forms of payment accepted. Discounted memberships are only available at on-site signups not in-store or on line.

For more information contact Patricia Harkins
 patricia.e.harkins.naf@mail.mil
 410-436-4467



March 31 Exton Golf Clubhouse 11 a.m.-1 p.m.
April 1 APG Bowling Center 11 a.m.-1 p.m.

New and renewal memberships accepted. New and renewal Goldstar memberships are \$60 and get a \$10 cash card. New Executive Memberships are an additional \$60 and receive a \$20 cash card. All renewals receive a \$10 cash card. Memberships include a free household card for a spouse or family member. Free promotional item while they last.

For more information contact Patricia Harkins
 patricia.e.harkins.naf@mail.mil
 410-436-4467

Lifeguard Certification Courses

Bayside Pool
 (E4655 Gunpowder Loop)

Recertification Class:
 May 23 and 24 Cost \$50
 8 am to 4 pm

Certification Class:
 June 5 4 pm to 8 pm
 June 6-7 8 am to 4 pm
 Cost \$150



For questions contact
 usarmy.APG.imcom-fmwrc.list.usag-mwr-outdoorrec@mail.mil
 or call 410-278-4124



Runs



**ARMY EMERGENCY RELIEF CAMPAIGN
KICKOFF RUN**

March 4 6:30 a.m. - 8:30 a.m.
PX PARKING LOT, BUILDING 2401
5K RUN /3K RUN OR WALK

Aberdeen Proving Ground will kick off this donation period with an esprit de corps run. The AER fundraising campaign will start March 1, 2020 and run through May 15, 2020.

PLEASE ARRIVE 30 MINUTES EARLY AND WEAR REFLECTIVE CLOTHING

For more information contact Leary Henry
leary.g.henry.civ@mail.mil 410-278-2453






**APG
MONUMENT
TO
MONUMENT
RUN TO HONOR
5K RUN/WALK**

April 18, 2020 9:00 am - 1:00 pm
6260 Guardian Gateway Aberdeen Proving Ground, MD 21005

Aberdeen Proving Ground Survivor Outreach Services, invites you to Run/Walk with us to Honor the Surviving Family Members of our Fallen Service Members.

\$35 Entry Fee
Participants will receive a performance t-shirt and custom race medal.
After run/walk events include: awards, food, drink, music and more.

To register and for all race day information go to the following link:
<https://runsignup.com/Race/MD/AberdeenProvingGround/APGMonumentToMonumentRunToHonor>
Registration is limited to the first 500 participants - SIGN UP TODAY!

For questions contact Mike Farlow at
michael.b.farlow.civ@mail.mil or 410-278-2435.











Community

APG Family and MWR

Follow us on Flickr

www.flickr.com/photos/apgmwr/albums

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Applying for Federal Employment Workshop

Army Community Service, Bldg 2503 Advanced Tactics Road
April 8, July 15, and October 14 from 9:00 AM to 1:00 PM.

Looking for the perfect Federal Job?
Come join us and learn the 30 steps toward Federal Employment. Online registration is limited to twenty five.

Registration Required:
-Go to: <https://mwejobs.maryland.gov>
-Create a User Account
-Go to Events Calendar (on the left hand side) Move forward to the date of the class.
-Click on "APG How to Apply for Federal Jobs"
-Click on Register

Partnership: Susquehanna Workforce Network, APG ACS Employment Readiness Program.
For more information call Michael Farlow at 410-278-2435 or email: Michael.b.farlow.civ@mail.mil

Start & Revitalize Your Career Today!

2020 Class Dates

February 12, May 20, August 12 and November 18.
11:30 am - 12:30 pm
ACS, 2503 Advanced Tactics Road
APG MD 21005

Whether you are starting a new career or need a boost in your current career, this workshop offers you the following:

- Set a career path that defines you
- Create strategies to move your career to the next level
- Set S.M.A.R.T. goals that work:
(Specific, Measurable, Attainable, Realistic Time bound)
- Be the job applicant that stands out.

To enroll in this FREE class call Michael Farlow at 410-278-2435 or Email: Michael.b.farlow.civ@mail.mil. In partnership with Aberdeen Proving Ground Federal Credit Union.



Debt Management

Feb 20, 2020 11:30 a.m. - 12:30 p.m.
ACS, Bldg 2503

Would you like to get rid of your debt completely? Whether you have small or big debt, you will benefit from this session.

The session will enable you to:

- Work your own way out of debt
- Identify debt repayment strategies that work for you
- Know when to use debt management
- Know when debt consolidation works
- Pinpoint ways to be right on track with money

Registration is required.



Women's Empowerment Group

2/19, 3/18, 4/15, 5/20, 6/17, 7/15, 8/19, 9/23, 10/21, 11/18, 12/16
5 - 6:30 pm



Women's Empowerment Group (WEG) offers support & empowerment through education & networking opportunities, while providing a safe space where the healing process can begin. Service members, Family members and DoD Civilians who are experiencing current or past domestic abuse are encouraged to attend. Come, share, heal...

Location is confidential, please call 410-278-7478 for details.



STRESS MANAGEMENT

Feb 26, Mar 25, Apr 22, May 13, Jun 24, 11:00 a.m. - 12:30 p.m. Bldg 2503

Are you having a hard time managing your stress?

Attend the stress management training to learn how to properly manage stressful situations which could improve your overall physical and mental health.





Community

FREE American Sign Language Beginners Course

TUESDAYS from 11:30-12:30
Edgewood Area, BLD E-4301, Rm 5

Course Dates:
Feb: 4, 11, 18, 25
March: 3, 10, 17, 24, 31
April: 7, 14, 21, 28
May: 4

Why ASL?

- Learn a new educational, communication and behavior strategy!
- Communicate with deaf co-workers, family members, & community members!
- Experience a new culture and language!

Open to Active Duty Members, National Guard, Veterans, DoD Civilians, Retirees, APG Contractors and Family Members.

Registration, requirements & text discussed 1st days of class. For additional information, contact Nancy Goucher, EPAP Coordinator, at nancy.goucher.civ@mail.mil.



FREE American Sign Language INTERMEDIATE COURSE

WEDNESDAYS from 11:30-12:30
Edgewood Area, Berger Auditorium Bldg E-3549

Course Dates:
Feb: 5, 12, 19, 26,
Mar: 4, 11, 18, 25,
Apr 1, 8, 15, 22, 29

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- Communicate with deaf co-workers, family members, & community members!
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Open to Active Duty Members, National Guard, Veterans, DoD Civilians, Retirees, APG Contractors and Family Members.

Registration, requirements & text discussed 1st days of class. For additional information, contact Nancy Goucher, EPAP Coordinator, at nancy.goucher.civ@mail.mil.



FREE American Sign Language Beginners Course

MONDAYS from 11:30 am-12:30 pm
Aberdeen Area: Chapel, Rm #3

Course Dates:
February: 3, 10, 24
March: 2, 9, 16, 23, 30
April: 6, 13, 20, 27,
May: 4

Why ASL?

- Learn a new educational, communication, or behavior strategy!
- Communicate with deaf co-workers, family members, and community members!
- Experience a new culture and language!

Open to Active Duty Members, National Guard, Veterans, Retirees, DoD Civilians, APG Contractors and Family Members.

Registration, class requirements, and text discussed in class. For additional information contact Nancy Goucher, Exception Family Member Program Coordinator, at nancy.goucher.civ@mail.mil.



FREE American Sign Language INTERMEDIATE COURSE

MONDAYS from 11:30 am-12:30 pm
Aberdeen Area: Chapel, Rm #3

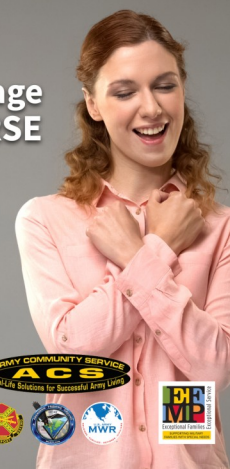
Course Dates:
February: 3, 10, 24
March: 2, 9, 16, 23, 30
April: 6, 13, 20, 27,
May: 4

Why ASL?

- Learn a new educational, communication, or behavior strategy!
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- Experience a new culture and language!

Open to Active Duty Members, National Guard, Veterans, Retirees, DoD Civilians, APG Contractors and Family Members.

Registration, class requirements, and text discussed in class. For additional information contact Nancy Goucher, Exception Family Member Program Coordinator, at nancy.goucher.civ@mail.mil.



Domestic Violence Intimate Partner Violence 101

Class dates: Feb 18, Apr 21, Jun 23,
Aug 18, Oct 20, Dec 15

11:00 - 12:30 Bldg 2503
Join ACS Family Advocacy in learning about Domestic Violence/Intimate Partner Violence and how it affects the family. Become educated on the definition, red flags, patterns of abuse, why people stay in abusive relationships, effects on adults/children and available resources.

For more information contact Antoinetta Saunders Gauth
antoinetta.m.saunders-gauth.civ@mail.mil
410-278-7478



Conflict Resolution

Feb 5, March 11, May 27

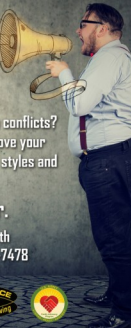
11 am - 12:30 pm

Bldg 2503, 1st floor

Are you struggling to improve your relationships due to conflicts? Join ACS and learn techniques that will help you improve your relationships through exploring various communication styles and strategies for conflict resolution.

Please call in advance to register.

For information contact Antoinetta Saunders-Gauth
antoinetta.m.saunders-gauth.civ@mail.mil, 410-278-7478





Community

How to Smart Start Your Small Business

11:30 am - 1:00 pm
Army Community Service, Building 2503 Advanced Tactics Road

2020 Seminar Dates
(each seminar covers the same information)
March 11, June 17, September 16, and December 9.

Each Seminar provides a brief overview of ways to smart start your small business and learn tips and tools to become a successful entrepreneur.

To reserve your seat for this FREE class, please contact Michael Farlow at (410) 278-2435 or Michael.b.farlow.civ@mail.mil. In partnership with the Garrity Group.

Like us on Facebook

@APGMWR

FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS

Orders of Protection: What Are They?

Class dates :
Mar 24, May 19, Jul 21, Sep 22, Nov 17
11:00 a.m. - 12:30 p.m.
Bldg 2503, Advanced Tactics Rd

Have you ever been confused about what an Order of Protection entails? Join ACS Family Advocacy Program in learning about Protective Orders, civilian/military. Become educated on how to obtain a protective order, what it means to obtain a protective order, violation of orders, commissioner vs judge, who can be protected with an order of protection and cost.

For more information contact Antoinetta Saunders Gauth antoinetta.m.saunders-gauth.civ@mail.mil 410-278-7874



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www.facebook.com/APGMWR?ref=hl



Follow us on Twitter
<https://twitter.com/APGMWR>



Find us on Instagram
<https://www.instagram.com/apgmwr>



Watch us on Youtube
www.youtube.com/user/APGMWR/videos

LOOKING FOR JOB?

Go to: www.usajobs.gov
NAF Human Resources
Civilian Personnel Advisory Center Bldg. 4504
Aberdeen Proving Ground, MD 21005
Phone: 410-278-5127/5126/8993/5361/5371

U. S. ARMY
**SURVIVOR
OUTREACH
SERVICES**

410-278-2435