

Aberdeen Proving Ground



# InDemand e-Newsletter

ISSUE 7-5

**SUMMER SOAKER**  
*NEW DATE*  
**August 3**  
**11 am - 3 pm**  
**Shore Park**

\*Food, \*Dunk Tank  
Water Bounce Houses  
Bubbles, \*Pool  
Games/Prizes  
Crafts, Music  
Beach Volleyball  
Splash Area  
Mini Pool area  
**FUN FOR ALL AGES**  
\*Fees Apply

## Updated Hours of Operation

**SHORE POOL 2024**

**Fees for 2024**

Daily	Active Duty	All Others
\$5	\$5	\$7

\*Includes AD family members

Patch Pass*	Active Duty	All Others
10 Visits	\$40	\$60
30 Visits	\$90	\$150

\*One patch per person per day

**Where to Purchase:**  
• AA Rec Center Ticket Office  
• Outdoor Recreation Service Center  
• Shore Pool (during operating hours)

**HOURS OF OPERATION**  
OPEN SWIM / SPLASH PARK

**JUNE 21 - AUGUST 9:**  
Friday, Saturday & Sunday: 12:30-6 PM

**AUGUST 24 - SEPTEMBER 2:**  
Saturday - Sunday: 12:30-6 PM

**September 2:**  
Monday 12:30-6 PM (holiday)

For more information call 410-278-4011/4124

**New York City Bus Trip**  
September 14, 2024

NYC, 8th Ave and 48th Street  
Depart AA Recreation Center: 7:00 am  
Return AA Recreation Center: 9:00 pm  
6432 Ashbury Street, Bldg 3326  
Cost: \$75.00 per person

No refunds. All sales are final.  
To purchase your ticket or for questions, stop in the AA Recreation Center, Bldg 3326  
or Call 410-278-4011/4124 or email usmwr@apg.army.mil

**BUY A BUCKET, GET A BUCKET!**

**NEW BUY 1 GET 1 FREE**

**Bucket Special**

Please drink responsibly

<https://aberdeen.armymwr.com/>



# Summer is Here

## MIXXEDFIT

### Dance Fitness Class

Cardio Dance Fitness  
Program, Bodyweight  
Training, Explosive  
Dance Movements,  
For all Fitness levels

*\$30 for 8 consecutive classes*

**Wednesday, 11:30-12:30**

**August 14- October 2**

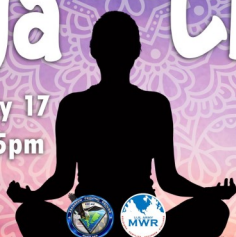
**AA Athletic Center**

For more info or to sign up call 410-278-4011/4124



## Yoga Class

Beginning July 17  
4:45pm-5:45pm



AA Recreation Center, 6432 Ashbury Street, Bldg 3326

\$40 for 8 consecutive classes every Wednesday  
Pre-registration required 410-278-4011/4124 or contact  
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@army.mil



Interval Spin Class with weights

## Spin Class

Wednesdays, beginning July 17, 2024  
Time: 1130-1230 Hoyle Gym, E4210  
\$30 for 8 consecutive classes.

**Pre-registration required!**  
**Call 410-278-4011/4124**



# Summer is Here

# FREE AUGUST MOVIES

*BOSS*  
BETTER OPPORTUNITIES  
FOR SINGLE SOLDIERS



**CHALLENGERS**

**CHALLENGERS**  
FRIDAY, AUGUST 30  
MOVIE STARTS AT 6:00 PM

**IF**  
SATURDAY, AUGUST 31  
MOVIE STARTS AT 4:00 PM



**IF**

CONCESSIONS FOR SALE BEFORE  
AND DURING THE SHOW INCLUDE POPCORN,  
ASSORTED CANDY, SODA AND WATER




## CYS SPORTS START SMART SOCCER REGISTRATION

Registration held August 1–August 30.  
Open to all children in nearby counties!

Start Smart Soccer is a program designed to teach the basics of soccer with a child's parents. CYS Sports will have a coordinator to assist.

Program begins September 9 (6 weeks) once per week  
APG Turf Soccer Field. AGES: 3-5 (Coed)  
Practices held on Mondays from 5:30-6:30 p.m.  
Age Determination Date: September 9, 2024  
COST/FEE: \$30

Sports Physicals are required to play before September 9.  
For more information contact william.m.lepley3.mil@army.mil.

REGISTRATION INFO: Please call 410-278-7571/7479 to schedule an appointment Monday through Friday 8 a.m. – 3 p.m. at the Central Registration Office, Bldg. 2503 Advanced Facilities, 2nd Floor, Room 210 & 211. Appointments are required for new patrons and patrons whose yearly sports registration has expired. If your child has played sports at APG CYS within the last year and the Sports Physical is current (within 1 year), please call to register via phone.



## ADULT TENNIS

### APG TENNIS COURT OPEN PLAY

### TUESDAYS 5-7 PM

For more information contact  
410-278-7933 / 7934 or email  
kevin.b.reich.nat@army.mil





**U.S. Army Family & MWR**

# NOW HIRING

**July 30, 2024 10 am - 2 pm**

**Location: Ruggles Golf Course Club House**

**Aberdeen Proving Ground, MD**

## Bring your Resume

**Be prepared to be Interviewed and Hired on site!**

**Several Child and Youth Services Positions  
Child and Youth Professional (CYP)  
Full Time CYP Leads**

## COME WORK WITH US

**Be prepared to be interviewed and hired on  
site. HR will be on hand to process selectees.**

**Bring your: Diploma, 2 forms of I.D,  
Social Security Card and Resume.**



**Scan me for  
more info**



**For all questions and for more information, call NAF HR at  
571-588-1366 or go to [www.usajobs.gov](http://www.usajobs.gov)**

**Bring your Best Self  
and a Positive Attitude**



**<https://aberdeen.armymwr.com/>**





## Family and Finances

### Upcoming FRP Classes

**08/01: Tricare in Retirement:** This seminar will discuss what changes after retirement and what actions you need to take to continue TRICARE health coverage for you and your family.

**08/02: Building a Realistic Budget:** This seminar focuses on how to create a realistic budget, the benefits of budgeting and budgeting tools to help you achieve your financial goals.

**08/07: Thrift Saving Plan:** This seminar provides an overview of the Thrift Savings Plan (TSP). We will discuss Enrollment, Participation, Contributions, Roth TSP, Investment Funds and Withdrawal Options. We will also highlight important considerations for retirement planning and will provide valuable resources.

**08/08: TSP Web walkthrough:** In this seminar we will explore the TSP website.

**08/09: Continuation Pay:** Service members under the Blended Retirement System (BRS) are eligible for a one-time mid-career bonus payment called Continuation Pay. During this seminar you will have the opportunity to understand what Continuation Pay is, how to apply for it and how best to use it.

**08/14 Planning for Retirement** This seminar offers important retirement information and provides useful insights to people who are planning for retirement, and those already retired who are rethinking their retirement finances.

**08/15: Growth Through Education:** This seminar discusses recommendations and resources for pursuing continuing education.

**08/16: Paying off Student Loans:** The costs of a college education can last long after graduation. This seminar will discuss ways to manage student loan debt by learning ways to pay the loan off efficiently.

**08/21: Survivor Benefit Plan:** This seminar will assist you in making informed decisions about SBP's role in your retirement plan.

**08/22: Social Security:** This seminar provides, answers to your Social Security questions such as:

- \* When am I eligible to receive retirement benefits?
- \* How does early retirement affect my benefits?
- \* Do I qualify for disability, survivors, or spousal bene-

**Building a Realistic BUDGET**  
**2024**  
**August 2**  
**12:00 PM - 1:00 PM**  
**Via MS Teams**

This seminar focuses on how to create a realistic budget, the benefits of budgeting and budgeting tools to help you achieve your financial goals.

Registration is not required.

For virtual meeting link and instructions visit:  
<https://aberdeen.armymwr.com/programs/financial-readiness-program>  
For more information call: 410-278-2453.

**TSP Web Walkthrough**

**August 8**  
**12:00 PM - 1:00 PM**  
**Via MS Teams**

In this Seminar we will explore the TSP website.

Registration is not required.

For virtual meeting link and instructions visit:  
<https://aberdeen.armymwr.com/programs/financial-readiness-program>  
For more information call: 410-278-2453.

**JOURNEY THROUGH GRIEF AND LOSS**

October 1, 2024  
12 - 1 pm  
via MS Teams

ARE YOU OR SOMEONE YOU KNOW GRIEVING  
EXPLORE DIFFERENT EXPRESSIONS OF GRIEF AND  
OR HOW TO SUPPORT SOMEONE WHO IS GRIEVING

For more information call 410-278-7478