

Aberdeen Proving Ground



InDemand e-Newsletter

ISSUE 7-4

ARMY
Entertainment
PRESENTS

WOMEN ROCK the FORTS TOUR

Featuring

MADDIE & TAE



with special guests



Ruthie Collins & Natalie Stovall



Lakin

Thursday, August 8, 2019 7 p.m.

Aberdeen Proving Ground Post Theater

OPEN TO THE PUBLIC

Food and beverage
available for purchase

Advanced Tickets: \$25
Day of show: \$30

Get tickets online at

<https://women-rock-the-forts-apg-md.eventbrite.com>
at the APG Leisure Travel Office/ 410-278-4011/4907

Sneak Peak at the show



CLICK HERE



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UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND
ArmyMWR.com



Click Here for Tickets

<https://aberdeen.armymwr.com/>

Fun Stuff

APG Bowling Center Grand ReOpening

**Come See Our Newly
Renovated Bowling Center**
Friday, August 16th from 3pm - 7pm

Free Bowling and Shoes
Sample New Menu Selections
Prizes & Giveaways
Bowling Tips
League Registration
Book an Event (parties, team-building
meetings, classes, and more)



2019-20 Season Hippodrome Broadway Series Discount Tickets

The Phantom of the Opera
Sunday, October 13, 2019, 6:30pm
\$72.25 (seating rear orchestra)

Aladdin
Thursday, November 14, 2019
8:00pm
\$69.50 (seating middle balcony)

Wicked
Sunday, February 16, 2020
8:30pm
\$87.00 (seating rear orchestra)

SOLD OUT



To purchase visit MWR Leisure Travel Services at the AA Recreation Center, BLDG 3326 or EA Recreation Center, BLDG E4140. For questions call 410-278-4011/4907 or email us at: usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil
For more information visit: <http://baltimore.broadway.com/>

MWR News

Pennsylvania Renaissance Faire Renaissance Faire - August 3 thru October 28.

Mount Hope Estate and Winery,
2775 Lebanon Rd, Manheim PA 17545

Customer Fees: Adult: \$25.75 Child (ages 5-11): \$8.50

Registration Deadline: *While Supplies Last*

To purchase tickets visit MWR Leisure Travel Services at the AA Recreation Center, BLDG 3326 or EA Recreation Center, BLDG E4140. Questions? Call 410-278-4011 or email us at

usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

Tickets available at the
Ticket Office

Click [HERE](#) for a list.

2019

Kayak Excursions

Aug 23 • Sep 6
6 p.m. - 8:30 p.m.

Location: Outdoor Recreation, Bldg. 2184

Cost: \$40 per person - single kayak

\$30 per person - tandem (double) kayak

Open to all eligible MWR patrons; minimum age 12yrs.

[Registration Forms HERE](#)

NOTE: If for any reason a class or excursion is cancelled, you can receive a refund. You may also reschedule for another excursion. Personal cancellations must be made 24 hours in advance to receive refund. A \$5 admin fee will be retained. If and when an excursion is canceled, you will receive an email, as well as a phone call.

Call 410-278-4124



The 138th Maryland State Fair

Timonium Fair Grounds, 2200 York Rd,
Timonium, MD 21093

August 23, 2019 - September 2, 2019

Adult: \$8.75

Child (ages 6-11): \$4.50

Senior (ages 62+): \$7.50

Ride Wristband: \$23.50

12-Pack of \$1 Food Vouchers (\$12 value): \$10.50

Disney on Ice presents "Road Trip Adventures"

Royal Farms Arena, 201 W. Baltimore Street,
Baltimore, MD 21201

\$24 (Limit 10 per ID) while supplies last

Friday, October 11, 2019, 7:30 p.m.

Saturday, October 12, 2019, 11 a.m., 2:30 p.m. &
6:30 p.m.

Sunday, October 13, 2019, 12 p.m. & 4 p.m.

To purchase tickets visit MWR Leisure Travel Services at the AA Recreation Center, BLDG 3326 or EA Recreation Center, BLDG E4140

Questions? Call 410-278-4011/4907 or email us at
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

**New York City
Bus Trips**

September 14 and December 7, 2019

Departure: 7 a.m.
AA Recreation Center, Bldg 3326
Return: 9 p.m.
AA Recreation Center, Bldg 3326
(return time may vary depending on traffic)

\$58 per person (Seats available while tickets last)
Bus Drop Off: New York City, Theater District

For questions call: 410-278-4011 / 4907, or email:
usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil

For All Your Life

Night Golf
 July 26, 2019 5:30pm
 Exton Golf Course

18 holes
 Dinner will be provided
 \$35 for members
 \$40 for authorized
 \$45 for guest

Pre-register at Exton Clubhouse.
 For more information call 410-436-2213.

EXTON GOLF COURSE



Make this year's vacation different!
APG CABIN RENTALS

Located off Sydney Park Drive, near Shore Park Picnic Area and Swan Creek. Open year-round 5 Deluxe cabins.

- 2 Bedrooms and loft - Sleeps 10 (1 queen, 2 sets of bunk beds, 2 singles and a futon)
- Eat-in kitchen (refrigerator, stove, sink, microwave, coffee maker, dishes, flatware, pots and pans)
- Full bathroom
- Flat screen TV
- Porch swing

410-278-4124

COUPON
Exton Member + Guest
Guest Plays FREE

Must pay cart fees.
 Saturday only.

Expires: October 31, 2019

EXTON GOLF COURSE

APG
Oktoberfest
 ABERDEEN PROVING GROUND

Save the Dates
September 13 3 p.m. - 8 p.m.
September 14 11 a.m. - 8 p.m.

LOOKING FOR JOB?

Go to:
www.usajobs.gov

NAF Human Resources
 Civilian Personnel Advisory Center
 Bldg. 4504
 Aberdeen Proving Ground, MD 21005
 Phone: 410-278-
 5127/5126/8993/5361/5371
 Fax: 410-306-1444



Community Service

STRESS MANAGEMENT

Are you having a hard time managing your stress?

Are you having a hard time managing your stress in your home/work life? Can't find balance? Want to learn techniques which could improve overall health by managing your stress? Attend the Stress Management training to learn how to properly manage stressful situations which could improve your overall physical and mental health.

July 24
11:00 a.m. - 12:00 p.m.
Bldg 2503

Please contact the Family Advocacy Program Manager 410-278-7478 to register for this class.

Conflict Resolution

August 7, 2019
11 am - 12:00 pm
Bldg 2503, 1st floor

Struggling to improve conflict within your family? Do you know that all conflict is not bad. In conflict resolution training you will learn how to identify the problems that are causing conflict within your family and strategies for maintaining harmony.

Please call in advance to register.
For information contact Antoinetta Saunders-Gauth
antoinetta.m.saunders-gauth.civ@mail.mil, 410-278-7478

Women's Empowerment Group

August 6, 2019
5:30 - 7 pm

Women's Empowerment Group (WEG) offers support & empowerment through education & networking opportunities while providing a safe space where the healing process can begin. Service members, family members and DoD Civilians who are experiencing current or past domestic abuse may attend. Come, learn, share and help yourself and others heal.

Location is confidential, please call 410-278-7478 for details. Group will meet the 1st and 3rd Tuesdays of the month.

U.S. ARMY
SURVIVOR OUTREACH SERVICES

410-278-2435

Start & Revitalize Your Career Today!
Wednesday, Aug 14
11:30 a.m. - 1:30 p.m.
ACS, 2503 Advanced Tactics Road

Whether you are starting a new career or need a boost in your current career, this workshop offers you the following:

- Set a career path that defines you.
- Create strategies to move your career to the next level.
- Set S.M.A.R.T. goals that work: (Specific, Measurable, Attainable, Realistic, Time Bound).
- Be the job applicant that stands out.

To enroll in this FREE class call **Michael Farlow** at **410-278-2435** or Email: **Michael.b.farlow.civ@mail.mil**.
In partnership: Aberdeen Proving Ground Federal Credit Union.

APG Family and MWR

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FOR SOLDIERS FOR FAMILIES FOR RETIREES FOR CIVILIANS